



**BURGER KING® Puerto Rico**  
**DECEMBER 2014**

<b>Nutrition Facts</b>	Serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
<b>WHOPPER®</b>												
WHOPPER Doble	346	830	470	52	17	2.5	150	1010	49	3	11	41
WHOPPER Jr.	137	320	160	18	5	0.5	30	500	27	1	6	9
WHOPPER	276	630	330	37	10	1.5	80	950	49	3	11	25
WHOPPER Tejano Doble	384	1000	580	65	24	2.5	185	1600	53	3	14	49
<b>Hamburgers</b>												
Hamburger con Queso	111	280	110	13	6	0.5	35	680	27	1	6	11
<b>Pollo y Pescado</b>												
Pechuga Parrillera	227	460	160	18	3	0	60	940	44	3	8	30
Internacional de Pollo - Italiano	231	500	180	20	6	2.5	60	1610	55	2	5	28
Internacional de Pollo - Frances	238	660	310	35	10	2.5	90	1950	53	2	4	35
Internacional de Pollo - Americano	258	660	320	35	11	2.5	80	1690	54	2	5	30
<b>Postres</b>												
Apple Pie	84	210	70	8	4	0	0	310	33	1	10	2
HERSHEY's Pie	79	310	170	19	12	0	10	220	32	1	22	3
Sundae - Caramel	142	220	45	5	2	0	15	115	41	0	34	4
Sundae - Chocolate	142	200	35	4	2	0	10	115	40	1	40	4
Chocolate Chip Cookie	38	160	70	8	4	0	10	125	24	1	15	2
<b>Complementos</b>												
Onion Rings - SMALL	48	160	80	9	1.5	0	0	260	19	2	2	2
Onion Rings - MEDIUM	78	270	130	14	2.5	0	0	420	31	3	4	4
Onion Rings - LARGE	96	330	160	18	3	0	0	520	38	3	5	5
Papas - REGULAR	78	240	110	12	3.5	3	0	250	31	2	0	3
Papas - MEDIUM	116	360	160	18	5	4.5	0	380	46	4	1	4
Hash Browns - REGULAR	84	260	150	17	1	5	0	500	25	3	0	2
Hash Browns - MEDIUM	106	330	190	21	1	7	0	630	32	4	0	3
Hash Browns - GRANDE	157	480	280	31	1.5	10	0	930	47	6	0	4
<b>Bebidas</b>												
Batida de Vainilla - KIDS	227	390	80	9	6	0	35	180	54	0	51	9
Batida de Vainilla - SMALL	326	550	120	13	9	0	50	260	78	0	74	13
Batida de Vainilla - MEDIUM	425	720	150	17	11	0	70	340	102	1	97	17
Batida de Vainilla - LARGE	524	890	190	21	14	0	85	420	126	1	11	21
Batida de Chocolate - KIDS	241	430	80	9	6	0	35	190	66	1	63	9
Batida de Chocolate - SMALL	340	600	120	13	8	0	50	270	89	1	86	13
Batida de Chocolate - MEDIUM	454	790	160	17	11	0	70	360	117	1	112	17
Batida de Chocolate - LARGE	581	1020	200	22	14	0	85	460	155	2	149	22

Batida de Fresa - KIDS	241	430	80	9	6	0	35	190	68	0	64	9
Batida de Fresa - SMALL	369	660	110	12	8	0	50	290	110	1	102	13
Batida de Fresa - MEDIUM	482	860	150	17	11	0	70	380	137	1	127	17
Batida de Fresa - LARGE	610	1090	190	21	14	0	85	470	178	1	165	21
Oreo Sundae Shake - SMALL	383	790	230	25	16	0	55	440	109	2	92	15