

**Famous Dave's 2013  
Nutrition Information**

Menu Item	Serving Size, g	Calories	Calories from fat	Fat, g	Sat Fat, g	Chole-sterol, mg	Trans Fat, g	Sodium, mg	Carb, g	Sugars,g	Fiber, g	Protein, g	
<b>APPETIZERS</b>													
BBQ Shrimp	1 order	890	490	54	11	330	0.5	2740	73	28	4	32	
BBQ Shrimp-ZT	1 order	880	480	53	12	330	0	2710	73	29	4	32	
Buffalo Shrimp	1 order	900	540	60	14	330	1	3150	62	19	4	32	
Buffalo Shrimp-ZT	1 order	890	530	59	16	330	0	3130	62	19	4	32	
BBQ Nachos-LARGE													
	Georgia Pork	1 order	1700	870	97	39	230	0	4090	150	38	15	73
	Beef Brisket	1 order	1780	960	107	43	230	0	3410	149	37	15	71
	BBQ Chicken	1 order	1730	890	99	39	160	0	3880	158	45	15	66
BBQ Nachos-SMALL (is this for one or 2?)													
	Georgia Pork	1/2 order	500	250	28	11	65	0	1160	45	11	5	21
	Beef Brisket	1/2 order	520	280	31	12	65	0	990	45	11	5	20
	BBQ Chicken	1/2 order	510	260	29	11	60	0	1110	47	13	5	19
Sampler Platter													
	with Devil's Spit or Rich & Sassy Wings	1 order	2770	1640	181	42	520	1.5	7580	153	78	9	138
	with Buffalo Wings	1 order	2770	1670	185	43	520	1.5	7780	147	72	9	137
	with Buffalo Wings-ZT	1 order	2770	1670	185	44	520	1.5	7780	147	72	9	138
	with Pineapple Rage	1 order	2750	1630	182	42	520	1.5	7420	150	74	9	138
	with Wilbur's Revenge	1 order	2750	1640	182	42	520	1.5	7570	153	72	9	137
Sampler Platter-boneless wings													
	with Devil's Spit or Rich & Sassy Wings	1 order	2970	1690	188	43	430	1.5	9060	196	77	10	134
	with Buffalo Wings	1 order	2970	1720	191	44	430	1.5	9270	190	72	10	134
	with Buffalo Wings-ZT	1 order	2970	1720	191	44	430	1.5	9260	190	72	10	134
	with Pineapple Rage	1 order	2950	1680	187	42	430	1.5	8900	192	74	10	134
	with Wilbur's Revenge	1 order	2960	1680	187	42	430	1.5	9050	195	72	10	133
Loaded BBQ Chips (formerly smokehouse chips)													
	1 order	1560	930	103	29	110	1	3530	133	12	10	36	
Sweetwater Catfish Fingers w/ Remouldade													
	1 order	720	490	54	9	160	0	1940	28	28	2	32	
Chicken Tenders with Honey BBQ Dressing													
	1 order	850	410	45	10	125	0	2020	66	23	2	47	
Smoked Salmon Spread served with Fire Grilled Flatbread													
	1 order	1110	630	70	26	145	2	2290	92	9	5	34	
Smoked Salmon Spread served with Fire Grilled Flatbread-ZT													
	1 order	1110	630	70	32	145	0	2270	92	9	5	34	
Southside Rib Tips													
	1 order	1655	960	107	32	340	1.5	4890	99	31	11	119	
Buffalo Chicken Wings with Carrots, Celery & Dipping Sauce													
	12 pc	950	600	67	15	335	1	3560	22	16	3	67	
Buffalo Chicken Wings with Carrots, Celery & Dipping Sauce													
	24.pc	1910	1220	135	30	670	2	7150	44	33	6	135	
	60 pc	4460	2770	308	70	1650	5	17520	104	77	15	334	
Buffalo Chicken Wings with Carrots, Celery & Dipping Sauce-ZT													
	12 pc	950	600	67	15	335	0	3560	22	16	3	67	
	24 pc	1910	1220	135	30	670	0	7150	44	33	6	135	
	60 pc	4440	2750	306	81	1640	1.5	17470	104	77	15	334	
BBQ Chicken Wings with carrots, Celery & Dipping Sauce													
	12 pc	940	550	61	14	335	0	3160	33	27	3	68	
	24.pc	1880	1100	122	27	670	0.5	6290	66	53	7	136	
	60 pc	4400	2480	275	62	1640	1.5	15350	159	127	15	337	
<b>APPETIZERS-CONTINUED</b>													
Menu Item	Serving	Calories	Calories	Fat,	Sat	Chole-	Trans	Sodium,	Carb,	Sugars,g	Fiber,	Protein,	

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Boneless Buffalo Chicken Wings with Carrots, Celery & Dipping Sauce	12 pc	1340	700	78	18	160	1	5880	105	15	5	59
	24 pc	2670	1400	156	32	320	2	11750	210	31	10	117
	60 pc	6390	3250	361	73	770	5	29040	517	72	24	291
Boneless Buffalo Chicken Wings with Carrots, Celery & Dipping Sauce-ZT	12 pc	1340	700	78	18	160	0	5870	105	15	5	59
	24 pc	2670	1400	156	36	320	0.5	11730	210	31	10	117
	60 pc	6370	3230	359	84	760	1.5	28000	517	72	24	291
Boneless BBQ Chicken Wings with carrots, Celery & Dipping Sauce	12 pc	1330	650	72	14	160	0	5460	116	26	5	59
	24 pc	2650	1290	143	29	320	0.5	10890	232	51	10	118
	60 pc	6320	2950	328	66	760	1.5	26870	572	122	25	294
Boneless Pineapple Rage Chicken Wings with carrots, Celery & Dipping Sauce	12 pc	1300	640	71	14	160	0	5160	111	20	5	59
	24 pc	2590	1280	142	29	320	0.5	10320	221	39	11	118
	60 pc	6180	2920	325	66	760	1.5	25440	546	93	26	292
Boneless Wilbur's Revenge Chicken Wings with carrots, Celery & Dipping Sauce	12 pc	1320	640	71	14	160	0	5460	116	15	5	58
	24 pc	2630	1280	142	29	320	0.5	10920	231	31	10	117
	60 pc	6270	2920	325	66	760	1.5	26940	571	73	24	290
Beer Battered Cod Appetizer w/ Spicy Pickle Tartar Sauce	1 order	600	350	39	7	130	0	1720	36	6	<1	26
Onion Strings served with Remouldade Sauce	1 order	1700	1170	130	25	65	0.5	2520	126	28	11	17
Burnt Ends	1 order	680	310	34	13	105	0	1700	61	37	1	34
<b>SALADS &amp; SOUPS</b>												
Fresh Garden Salad-without Dressing-no muffin	1 order	270	170	19	8	105	0.5	590	13	4	3	15
Fresh Garden Salad-without Dressing-no muffin-ZT	1 order	270	170	19	10	105	0	580	13	4	3	15
Side Caesar Salad-no muffin	1 order	240	180	20	4	25	0.5	640	12	2	3	6
Side Caesar Salad-no muffin-ZT	1 order	230	170	19	6	25	0	630	12	2	3	6
Cup of Chili w/ Garden Salad -no dressing-served w/ combread muffin-see SIDES section for info on muffin	1 order	620	380	42	19	170	0.5	1630	34	11	8	35
Cup of Chili w/ Garden Salad -no dressing-ZT-served w/ combread muffin-see SIDES section for info on muffin	1 order	610	370	41	21	170	0	1620	34	10	8	35
Cup of Chili w/ Caesar Salad-served with combread muffin-see SIDES section for info on muffin	1 order	580	380	42	15	90	0.5	1680	33	9	8	25
Cup of Chili w/ Caesar Salad-ZT-served with combread muffin-see SIDES section for info on muffin	1 order	580	380	42	17	90	0	1670	33	9	8	25
Cup of Chick Wild Rice Soup w/ Garden Salad-no dressing-served w/ combread muffin-see SIDES section for info on muffin	1 order	470	320	35	14	145	1.5	1500	25	6	4	20
Cup of Chick Wild Rice Soup w/ Garden Salad-no dressing-ZT-served w/ combread muffin-see SIDES section for info on muffin	1 order	470	310	34	18	150	0	1480	25	6	4	20
Cup of Chick Wild Rice Soup w/ Caesar Salad served with combread muffin-see SIDES section for info on muffin	1 order	440	320	36	10	65	1.5	1550	24	5	4	11
Cup of Chick Wild Rice Soup w/ Caesar Salad ZT-served with combread muffin-see SIDES section for info on muffin	1 order	440	310	35	14	65	0	1530	24	5	4	11
Dave's Famous Chili-no muffin	1 cup	350	200	22	11	65	0	1040	21	7	5	20
	1 bowl	460	260	29	14	80	0	1480	31	10	7	26
Chicken Wild Rice Soup-no muffin	1 cup	210	140	16	6	40	1	910	12	2	1	5
Chicken Wild Rice Soup-no muffin-ZT	1 cup	210	140	16	8	40	0	920	13	2	1	5
Chicken Wild Rice Soup-no muffin	1 bowl	310	210	23	9	55	1	1340	18	3	2	8
Chicken Wild Rice Soup-no muffin-ZT	1 bowl	300	210	23	12	55	0	1320	18	3	2	8
<b>Menu Item</b>	<b>Serving</b>	<b>Calories</b>	<b>Calories</b>	<b>Fat,</b>	<b>Sat</b>	<b>Chole-</b>	<b>Trans</b>	<b>Sodium,</b>	<b>Carb,</b>	<b>Sugars,g</b>	<b>Fiber,</b>	<b>Protein,</b>
	<b>Size, g</b>		<b>from fat</b>	<b>g</b>	<b>Fat, g</b>	<b>sterol, mg</b>	<b>Fat, g</b>	<b>mg</b>	<b>g</b>		<b>g</b>	<b>g</b>
<b>DRESSINGS</b>												
Blue Cheese	2 fl oz	300	280	30	6	30	0	360	2	2	0	2

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Caesar	2 fl oz	240	220	24	4	30	0	820	2	2	0	2	
Dijon Honey Mustard	2 fl oz	260	200	22	3	30	0	420	14	12	0	0	
Fat Free Italian	2 fl oz	40	0	0	0	0	0	1400	10	6	1	<1	
French	2 fl oz	240	200	22	3	0	0	500	10	8	0	<1	
Honey BBQ	2 fl oz	140	45	5	1	10	0	570	22	0	22	<1	
Light Italian	2 fl oz	60	45	5	0	0	0	740	4	4	0	0	
Ranch	2 fl oz	380	360	40	6	10	0	340	4	2	0	2	
Thousand Island	2 fl oz	260	240	26	4	30	0	600	8	6	0	<1	
Light French	2 fl oz	140	90	10	1	0	0	250	10	8	0	<1	
<b>Dave's Sassy BBQ Salad</b>													
	w/ BBQ Chicken	1 salad	660	330	37	13	115	0	2300	59	43	6	29
	w/ BBQ Pork	1 salad	660	320	36	13	120	0	2640	53	38	6	37
	w/ Beef Brisket	1 salad	740	410	46	18	125	0	1930	52	38	6	35
	w/ Crispy Chicken	1 salad	900	460	51	15	125	0	2150	72	33	6	44
	w/ Grilled Chicken	1 salad	700	290	32	11	175	0	1810	49	34	6	59
<b>Smoked Salmon Caesar Salad</b>													
	1 salad	720	510	57	12	130	1	2010	24	7	6	35	
<b>Smoked Salmon Caesar Salad-ZT</b>													
	1 salad	720	500	56	14	130	0	1990	24	7	6	35	
<b>Grilled Chicken Caesar Salad</b>													
	1 salad	730	430	48	10	180	1	1960	25	7	6	55	
<b>Grilled Chicken Caesar Salad-ZT</b>													
	1 salad	720	430	48	13	180	0	1950	25	7	6	55	
<b>Classic Caesar Salad</b>													
	1 salad	430	320	36	8	50	1	1210	21	5	6	11	
<b>Classic Caesar Salad-ZT</b>													
	1 salad	430	320	36	11	50	0	1200	21	5	6	11	
<b>Brunswick Stew</b>													
	1 cup	170	90	10	3.5	40	0	830	11	6	1	11	
	1 bowl	250	140	15	5	55	0	1220	16	8	2	17	
<b>Bacon Baked Potato Soup</b>													
	1 cup	500	370	41	21	115	0	970	20	2	2	13	
	1 bowl	710	530	59	30	160	0	1370	29	3	2	17	
<b>BRISKET BURGERS -served w/ choice of 1 side-see SIDES section for further info</b>													
<b>Ultimate BBQ Burger</b>													
	1 order	1230	550	61	26	250	2	5340	94	48	4	84	
<b>Ultimate BBQ Brisket Burger</b>													
	1 order	1110	530	59	24	220	1.5	5120	73	33	2	73	
<b>Devil's Spit Burger</b>													
	1 order	1050	500	55	24	215	2	4190	72	28	3	70	
<b>Devil's Spit Brisket Burger</b>													
	1 order	1090	560	62	27	210	1.5	4310	73	31	2	65	
<b>Dave's Favorite</b>													
	1 order	1050	490	54	23	210	2	4130	73	30	3	70	
<b>Dave's Favorite Brisket Burger</b>													
	1 order	1090	560	62	27	210	1.5	4190	69	29	2	65	
<b>Char Grilled Cheeseburger</b>													
	1 order	940	490	54	25	200	2	3290	55	17	2	61	
	without Cheese	1 order	770	360	40	16	150	2	3030	55	16	2	50
<b>Smoked Cheddar/Cheese Brisket Burger</b>													
	1 order	1020	540	60	28	210	1.5	3630	58	18	2	63	
<b>Famous Brisket Burger</b>													
	1 order	790	370	41	16	150	1.5	3280	57	18	2	49	
<b>Jacked-n-Stacked Brisket Burger</b>													
	1 order	1380	730	81	31	200	2	4180	104	37	5	64	
<b>Menu Item</b>	<b>Serving</b>	<b>Calories</b>	<b>Calories</b>	<b>Fat,</b>	<b>Sat</b>	<b>Chole-</b>	<b>Trans</b>	<b>Sodium,</b>	<b>Carb,</b>	<b>Sugars,g</b>	<b>Fiber,</b>	<b>Protein,</b>	
	<b>Size, g</b>		<b>from fat</b>	<b>g</b>	<b>Fat, g</b>	<b>sterol, mg</b>	<b>Fat, g</b>	<b>mg</b>	<b>g</b>		<b>g</b>	<b>g</b>	
<b>BURGERS-CONT</b>													
<b>True-Bleu Burger</b>													
	1 order	970	530	59	21	180	2	3410	58	18	2	54	
<b>Turkey Burger</b>													
	1 order	950	550	61	14	200	0	3740	60	21	2	41	

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<b>SANDWICHES</b>												
Georgia Chopped Pork Sandwich	1 order	560	160	18	7	80	0	2350	70	31	1	31
Texas Beef Brisket Sandwich	1 order	620	280	31	13	85	0	1360	58	20	1	29
BBQ Pulled Chicken Sandwich	1 order	710	300	33	15	125	0	2250	73	33	1	33
Texas Manhandler -Beef Brisket	1 order	780	380	42	17	100	0	1910	66	27	1	34
Texas Manhandler -Georgia Pork	1 order	730	290	32	12	100	0	2670	73	33	1	37
Burnt End Sandwich	1 order	770	330	37	16	110	0	1810	76	37	2	36
Hot Link Sausage Sandwich	1 order	900	450	50	20	110	0	2770	81	36	3	36
Hickory Chicken Sandwich	1 order	760	290	32	15	170	0	1670	55	16	2	64
Cajun Chicken Sandwich	1 order	1250	640	71	22	190	0	3390	94	24	5	63
Char-Grilled Chicken Sandwich	1 order	530	120	13	5	115	0	1080	56	17	2	48
Beer Battered Cod Sandwich w/ Spicy Pickle Tartar Sauce	1 order	750	290	32	9	120	0	2410	79	20	2	38
<b>Get Sauced!</b>												
Rich & Sassy Dave's Original Recipe	2 fl oz	100	5	0.5	0	0	0	550	23	22	0	1
Georgia Mustard	2 fl oz	35	0	0	0	0	0	460	8	6	0	<1
Texas Pit	2 fl oz	70	5	0.5	0	0	0	580	16	14	0	<1
Sweet & Zesty	2 fl oz	110	0	0	0	0	0	500	26	28	0	<1
Devil's Spit	2 fl oz	90	5	0.5	0	0	0	560	20	18	0	1
Pineapple Rage	2 fl oz	70	0	0	0	0	0	250	17	15	4	<1
Wilbur's Revenge	2 fl oz	90	0	0	0	0	0	550	22	11	0	0
Southside BBQ Sauce	2 fl oz	110	50	5	1	0	0	820	16	14	2	1
Buffalo Sauce	2 fl oz	110	70	7	1.5	0	0.5	970	11	11	0	0
<b>Menu Item</b>	<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Chole-sterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars, g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
<b>SIDE DISHES</b>												
BBQ Chips-no toppings	3 oz	430	230	26	5	2	0	770	47	3	4	5
Cornbread Muffin	1 muffin	270	110	12	3	35	4	260	37	17	<1	4
Cornbread Muffin-ZT	1 muffin	270	110	12	6	0	0	260	38	16	1	4

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Corn-on-the-Cob	1 cob	100	45	5	1	0	0.5	230	14	2	2	2
Corn-on-the-Cob-ZT	1 cob	100	45	5	2.5	0	0	220	14	2	2	2
Wilbur Beans	4 fl. oz	150	30	3.5	1	10	0	450	26	13	4	8
Firecracker Beans	3 oz.	50	25	2.5	1	<5	0	370	7	1	3	2
Creamy Coleslaw	4 fl oz	160	100	11	1.5	10	0	250	17	14	2	1
Memphis Style Coleslaw	1 order	70	45	5	1	5	0	120	8	7	1	<1
Potato Salad	4 fl oz.	160	60	7	1	50	0	550	21	6	2	3
Drunkin' Apples	4 fl oz.	150	50	6	1	0	0.5	50	26	20	2	<1
Drunkin' Apples-ZT	4 fl oz.	140	45	5	3	0	0	45	26	20	2	<1
Famous Fries	8 oz	540	190	21	4.5	0	0	810	89	2	9	9
Lil' Wilbur size	1 side	270	90	10	2.5	0	0	400	45	1	5	4
Broccoli	5 oz	80	45	4.5	1	0	0	390	9	2	4	4
Carrots & Celery Sticks w/ Ranch Dressing-lil' Wilbur	1 side	410	360	40	6	10	0	410	12	7	3	3
Southern-Style Green Beans	1 side	210	90	10	3.5	15	0	1190	29	6	5	7
Garlic Red-Skin Mashed Potatoes	4 fl oz	100	35	4	1.5	5	0	290	14	1	1	2
Dave's Cheesy Mac & Cheese	4 fl oz	240	120	14	5	20	0	630	23	<1	2	9
Mashed Sweet Potatoes	4 fl oz	80	5	0.5	0	0	0	360	20	9	3	1
Collard Greens	4 fl oz	90	65	7	2.5	15	0	390	3	<1	1	4
Down & Dirty Rice	5 oz	170	45	5	1	10	0	720	26	2	1	6
Mashed Potato, hand mashed	4 fl oz	280	190	21	8	35	1	460	21	<1	2	3
Pineapple Planks	1 side	90	0	0	0	0	0	0	25	20	2	<1
<b>Menu Item</b>	<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Chole-sterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars, g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
<b>AWARD-WINNING RIBS</b>												
served w/ cornbread muffin, corn-on the-cob & choice of 2 sides-see SIDES section for further info												
XXL Ribs, "The Big Slab", 12-bones	1 order	1810	1050	117	45	480	0.5	2800	54	26	3	139
Half-slab, 6-bones	1 order	900	520	58	22	240	0	1400	27	13	<1	69
Regular Ribs, 4-bones	1 order	600	350	39	15	160	0	930	18	9	<1	46

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Baby Back-Big Baby	1 order	1150	600	67	24	360	0	2380	35	21	2	103
Baby Back-Halvin' My Baby	1 order	570	300	34	12	180	0	1190	17	10	<1	52
Memphis Baby Back-Big Baby	1 order	1010	540	60	21	370	0	2750	12	4	2	107
Memphis Baby Back-Halvin' My Baby	1 order	500	270	30	10	190	0	1370	6	2	1	53
<b>DAVE'S FAMOUS FEASTS</b>												
ALL American BBQ Feast-SERVES 4												
with Texas Beef Brisket option	1 order	8750	4170	463	137	1510	20	21690	773	227	62	435
	1/4 order	2180	1030	114	33	365	5	5070	200	59	16	104
ZT	1/4 order	2190	1040	116	40	340	0	5420	193	57	16	109
with Georgia Chopped Pork option	1 order	8420	3910	434	124	1450	20	21310	775	228	63	416
	1/4 order	2050	980	109	31	360	5	5200	186	56	15	103
ZT	1/4 order	2100	970	108	37	330	0	5190	194	55	15	103
Feast for Two												
with Texas Beef Brisket option	1 order	4650	2240	248	74	800	11	11790	402	118	33	235
	1/2 order	2300	1090	121	36	380	5	5350	209	61	17	109
ZT	1/2 order	2230	1120	124	43	360	0	5880	202	58	17	118
with Georgia Chopped Pork option	1 order	4400	2040	227	65	760	11	11500	404	118	33	220
	1/2 order	2200	1020	113	32	380	5	5750	202	59	17	110
ZT	1/2 order	2200	1020	113	32	340	5	5740	203	58	17	110
Feast for One												
	1 order	2400	1050	117	33	400	5	6480	234	77	17	121
<b>BARBEQUE CLASSICS</b>												
served w/ cornbread muffin, corn-on the-cob & choice of 2 sides-see SIDES section for further info												
Georgia Chopped Pork	1 order	530	190	21	7	130	0.5	2860	38	16	1	47
Georgia Chopped Pork-ZT	1 order	530	190	21	8	130	0	2850	38	16	1	47
Barbeque Chicken												
	1 order	880	490	54	16	320	0	4470	26	16	0	73
Texas Beef Brisket												
	1 order	730	380	42	16	135	0	1580	46	14	2	43
Country Roasted Chicken												
	1 order	830	490	54	16	320	0	4200	14	6	0	73
Cedar Plank Salmon												
	1 order	500	210	23	5	90	3	800	40	29	5	36
Sweetwater Catfish served with Remoulade Sauce												
	1 order	850	540	60	10	200	0	2420	38	0	42	42
Beer Battered Cod with Spicy Pickle Tartar Sauce												
	1 order	710	370	41	7	185	0	2460	39	7	0	45
Chicken Tenders with Honey BBQ Dressing												
	1 order	990	480	54	11	145	0	3070	75	23	3	56
<b>Menu Item</b>	<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Chole-sterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars,g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
Southside Rib Tips	1 order	1390	820	91	29	340	1	3900	32	29	4	113
<b>COMBOS</b>												
served w/ cornbread muffin, corn-on the-cob & choice of 2 sides-see SIDES section for further info												
Two-Meat BBQ Combo-any 2 meat selections from the following:												
Beef Brisket w/ Texas Toast	1 order	480	220	24	9	70	0	1030	42	11	1	25
Chopped Pork w/ Texas Toast	1 order	340	120	13	4	65	0	1620	32	11	<1	25
BBQ or Country Roasted Chicken	1 order	440	240	27	8	160	0	2230	13	6	0	37
Southside Rib Tips	1 order	1390	820	91	29	340	1.5	3900	32	29	4	113

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Chicken Tenders w/ Honey BBQ Dressing	1 order	710	330	37	8	100	0	1730	57	22	1	38
Hot Link Sausage w/ Texas Toast	1 order	690	450	50	19	110	0	1760	28	7	<1	32
Sweetwater Catfish w/ Remoulade Sauce	1 order	600	440	49	8	125	0	1470	19	0	1	21
Beer-Battered Cod w/ Spicy Pickle Tartar Sauce	1 order	490	310	34	5	110	0	1440	23	6	0	23
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	600	420	47	10	180	0	1730	10	7	2	35
BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	590	410	45	10	180	0	1630	13	9	2	35
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	870	520	58	12	95	1	3620	60	15	3	31
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	870	520	58	14	95	0	3610	60	15	3	31
Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	860	460	51	10	95	0	3200	72	25	3	31
Boneless Chicken Wings w/ Pineapple Rage, Carrots, Celery & Dipping Sauce	1 order	840	460	51	10	95	0	2900	66	19	3	31
Boneless Chicken Wings w/ Wilbur's Revenge, Carrots, Celery & Dipping Sauce	1 order	850	460	51	10	95	0	3200	71	15	3	31
<b>St. Louis Rib-N-Meat Combo</b>												
St. Louis Ribs combined w/ one of the following:												
Beef Brisket w/ Texas Toast	1 order	1070	560	62	23	230	0.5	1960	59	19	2	71
Chopped Pork w/ Texas Toast	1 order	950	470	52	19	225	0.5	2560	50	20	2	72
BBQ or Country Roasted Chicken	1 order	1030	590	66	23	320	0	3070	27	13	1	83
Southside Rib Tips	1 order	1990	1170	130	44	500	1.5	4830	50	38	4	159
Chicken Tenders w/ Honey BBQ Dressing	1 order	1310	680	76	23	260	0	2660	75	31	2	84
Hot Link Sausage w/ Texas Toast	1 order	1290	800	89	34	270	0.5	2690	46	15	2	78
Sweetwater Catfish w/ Remoulade Sauce	1 order	1200	790	88	23	285	0	2410	37	9	2	67
Beer-Battered Cod w/ Spicy Pickle Tartar Sauce	1 order	1090	660	73	20	270	0	2370	41	14	1	69
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1230	790	88	25	340	0.5	2910	31	18	3	81
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1230	790	88	27	340	0	2900	31	18	3	81
BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1220	760	84	25	340	0	2690	37	23	3	81
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1420	840	93	26	255	1	4060	73	18	4	77
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1420	840	93	27	255	0	4060	73	18	4	77
Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1410	810	90	25	255	0	3840	78	23	4	77
Boneless Chicken Wings w/ Pineapple Rage, Carrots, Celery & Dipping Sauce	1 order	1440	810	90	25	255	0	3830	84	27	4	77
Boneless Chicken Wings w/ Wilbur's Revenge, Carrots, Celery & Dipping Sauce	1 order	1410	800	89	25	255	0	3850	78		4	77
<b>Baby Back Rib n' Meat BBQ Combo</b>												
Baby Back in combined with one of the following:												
Beef Brisket w/ Texas Toast	1 order	1030	510	57	21	250	0.5	2120	56	19	2	76
Chopped Pork w/ Texas Toast	1 order	910	420	46	16	245	0.5	2810	50	22	2	77
BBQ or Roasted Chicken	1 order	1000	540	60	20	340	0	3350	27	16	<1	88
Southside Rib Tips	1 order	1960	1230	136	50	580	0	4580	57	46	2	151
Chicken Tenders w/ Honey BBQ Dressing	1 order	1280	640	71	20	280	0	2920	74	33	2	89
Hot Link Sausage w/ Texas Toast	1 order	1260	750	84	32	290	0.5	2950	46	17	2	84
Sweetwater Catfish w/ Remoulade Sauce	1 order	1180	750	83	20	305	0	2670	37	11	2	73
Beer-Battered Cod w/ Spicy Pickle Tartar Sauce	1 order	1060	610	68	18	290	0	2620	40	16	1	74
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1200	740	82	23	360	0.5	3160	31	20	3	86
<b>Menu Item</b>	<b>Serving</b>	<b>Calories</b>	<b>Calories</b>	<b>Fat,</b>	<b>Sat</b>	<b>Chole-</b>	<b>Trans</b>	<b>Sodium,</b>	<b>Carb,</b>	<b>Sugars,g</b>	<b>Fiber,</b>	<b>Protein,</b>
	<b>Size, g</b>		<b>from fat</b>	<b>g</b>	<b>Fat, g</b>	<b>sterol, mg</b>	<b>Fat, g</b>	<b>mg</b>	<b>g</b>		<b>g</b>	<b>g</b>
<b>Baby Back Rib n' Meat BBQ Combo-CONTINUED</b>												
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1200	740	82	24	360	0	3160	31	20	3	86
BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1190	710	79	22	360	0	2950	36	25	3	87
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1390	790	88	23	275	1	4310	72	19	4	82
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1390	790	88	24	275	0	4310	72	19	4	82
Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1380	760	84	22	275	0	4100	77	24	4	82
Boneless Chicken Wings w/ Pineapple Rage, Carrots, Celery & Dipping Sauce	1 order	1400	760	84	22	275	0	4090	83	29	4	82
Boneless Chicken Wings w/ Wilbur's Revenge, Carrots, Celery & Dipping Sauce	1 order	1420	760	84	22	275	0	4390	88	25	4	82
<b>Memphis Baby Back Rib n' Meat BBQ Combo</b>												
Memphis Baby Back Ribs in combined with one of the following:												
Beef Brisket w/ Texas Toast	1 order	970	490	54	19	250	0.5	2300	45	10	2	78



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Chopped Pork w/ Texas Toast	1 order	850	390	43	14	250	0	3000	39	13	2	79
BBQ or Roast Chicken	1 order	930	510	57	18	350	0	3540	16	7	1	90
Southside Rib Tips	1 order	1890	1090	121	39	525	1.5	5270	38	31	4	166
Chicken Tenders w/ Honey BBQ Dressing	1 order	1210	600	67	18	290	0	3110	63	24	2	91
Hot Link Sausage w/ Texas Toast	1 order	1190	720	80	30	300	0	3130	34	9	1	85
Sweetwater Catfish w/ Remoulade Sauce	1 order	1200	720	80	18	310	0	3200	46	21	2	75
Beer-Battered Cod w/ Spicy Pickle Tartar Sauce	1 order	1100	710	79	18	310	0	2850	25	2	2	74
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1130	940	79	21	370	1	3350	19	11	3	88
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1130	940	79	22	370	0	3350	19	11	3	88
BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1130	680	76	20	370	0	3140	25	16	3	89
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1320	760	84	21	280	1	4500	61	11	4	84
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	1320	760	84	22	280	0	4500	61	11	4	84
Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	1040	730	81	21	280	0	4290	66	16	4	84
Boneless Chicken Wings w/ Pineapple Rage, Carrots, Celery & Dipping Sauce	1 order	1340	730	81	21	280	0	4270	72	21	4	84
Boneless Chicken Wings w/ Wilbur's Revenge, Carrots, Celery & Dipping Sauce	1 order	1350	730	81	21	280	0	4570	77	16	4	84
<b>Rib-n-Rib</b>												
served w/ cornbread muffin, corn-on-the-cob & choice of 2 sides-see SIDES section for further info												
St. Louis Ribs	1/2 slab	900	520	58	22	240	0	1400	27	13	<1	69
Baby Back Ribs	1/2 slab	570	300	34	12	180	0	1190	17	10	<1	52
Memphis Baby	1/2 slab	500	270	30	10	190	0	1370	6	2	1	53
<b>Burnt Ends-N-Rib</b>												
served w/ cornbread muffin, corn-on-the-cob & choice of 2 sides-see SIDES section for further info												
1 order		1230	590	66	25	240	0.5	2460	86	43	3	75
<b>Extra Meat add-on</b>												
Beef Brisket w/ Texas Toast	1 order	300	140	16	2	50	0	700	23	7	<1	17
Chopped Pork w/ Texas Toast	1 order	230	80	9	3	50	0	1190	20	9	<1	18
BBQ or Country Roast Chicken	1 order	440	240	27	8	160	0	2230	13	6	0	37
Southside Rib Tips	1 order	620	340	38	12	130	1	2100	30	27	2	43
Chicken Tenders with Honey BBQ Dressing	1 order	560	260	29	6	80	0	1440	48	22	1	28
Hot Link Sausage w/ Texas Toast	1 order	690	450	50	19	110	0	1760	28	7	<1	32
Sweetwater Catfish w/ Remoulade Sauce	1 order	600	440	49	8	125	0	1470	19	0	1	21
Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	600	420	47	10	180	0	1730	10	7	2	35
BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	590	410	45	10	180	0	1630	13	9	2	35
St. Louis Style Spareribs	1 order	300	170	19	7	80	0	470	9	4	0	23
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	820	490	55	11	95	0.5	3140	55	9	3	30
Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	820	490	54	12	95	0	3140	55	9	3	30
Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	790	460	51	10	95	0	2780	55	9	3	31
Boneless Pineapple Rage Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	800	460	51	10	95	0	2770	58	11	3	31
Boneless Wilbur's Revenge Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	810	460	51	10	95	0	2920	60	9	3	30
<b>Menu Item</b>	<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Chole-sterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars, g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
<b>LUNCH EARLY BIRD SPECIALS</b>												
Real Que Sandwich Specials												
Georgia Chopped Pork	1 order	400	100	11	3	65	0	1960	51	23	2	27
Texas Beef Brisket	1 order	550	230	25	9	95	0	2110	46	19	2	37
Pulled BBQ Chicken with Jack Cheese	1 order	490	160	18	70	85	0	1880	59	30	2	25
<b>Lunch Platter Specials-choose one meat from below</b>												
served w/ cornbread muffin, corn-on-the-cob & choice of 1 side-see SIDES section for further info												
St. Louis Style Spareribs	1 order	460	260	29	11	120	0	700	14	6	<1	35
BBQ or Country Roast Chicken	1 order	440	240	27	8	160	0	2230	13	6	0	37
Sweetwater Catfish w/ Remoulade Sauce	1 order	600	440	49	8	125	0	1470	19	0	1	21
Beef Brisket w/ Texas Toast	1 order	480	220	24	9	70	0	1030	42	11	1	25
Georgia Chopped Pork w/ Texas Toast	1 order	340	120	13	4	65	0	1620	32	11	<1	25
Hot Link Sausage w/ Texas Toast	1 order	690	450	50	19	110	0	1760	28	7	<1	32



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	Southside Rib Tips	1 order	770	430	48	15	170	1	2460	30	27	3	57
	Beer Battered Cod	1 order	490	310	34	5	110	0	1440	23	6	0	23
	Chicken Tenders with Honey BBQ Dressing	1 order	710	330	37	8	100	0	1730	57	22	1	38
	Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	600	420	47	10	180	0	1730	10	7	2	35
	BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	590	410	45	10	180	0	1630	13	9	2	35
	Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	820	490	55	11	95	0.5	3140	55	9	3	30
	Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	820	490	54	12	95	0	3140	55	9	3	30
	Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	790	460	51	10	95	0	2780	55	9	3	31
	Boneless Pineapple Rage Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	800	460	51	10	95	0	2770	58	11	3	31
	Boneless Wilbur's Revenge Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	810	460	51	10	95	0	2920	60	9	3	30
<b>Combo Specials-choose two different meats from below</b>													
served w/ cornbread muffin, corn-on-the-cob & choice of 1 side-see SIDES section for further info													
	St. Louis Style Spareribs	1 order	300	170	19	7	80	0	470	9	4	0	23
	BBQ or Country Roast Chicken	1 order	440	240	27	8	160	0	2230	13	6	0	37
	Sweetwater Catfish w/ Remoulade Sauce	1 order	530	410	46	7	110	0	1240	15	0	1	16
	Texas Beef Brisket on Texas Toast	1 order	410	170	19	7	50	0	890	41	10	1	20
	Georgia Chopped Pork on Texas Toast	1 order	300	100	11	3	50	0	1330	32	11	1	20
	Hot Link Sausage w/ Texas Toast	1 order	690	450	50	19	110	0	1760	28	7	<1	32
	Southside Rib Tips	1 order	770	430	48	15	170	1	2460	30	27	3	57
	Beer Battered Cod	1 order	490	310	34	5	110	0	1440	23	6	0	23
	Chicken Tenders with Honey BBQ Dressing	1 order	560	260	29	6	75	0	1440	48	22	1	28
	Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	600	420	47	10	180	0	1730	10	7	2	35
	BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	590	410	45	10	180	0	1630	13	9	2	35
	Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	820	490	55	11	95	0.5	3140	55	9	3	30
	Boneless Buffalo Chicken Wings w/ Carrots, Celery & Dipping Sauce-ZT	1 order	820	490	54	12	95	0	3140	55	9	3	30
	Boneless BBQ Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	790	460	51	10	95	0	2780	55	9	3	31
	Boneless Pineapple Rage Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	800	460	51	10	95	0	2770	58	11	3	31
	Boneless Wilbur's Revenge Chicken Wings w/ Carrots, Celery & Dipping Sauce	1 order	810	460	51	10	95	0	2920	60	9	3	30
<b>Menu Item</b>		<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Cholesterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars, g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
<b>Lunch Size Salads-served with cornbread muffin-see SIDES section for info on muffin</b>													
Dave's Sassy BBQ Salad													
	with BBQ Chicken	1 salad	380	200	22	7	60	0	1250	33	23	3	16
	with Texas Beef Brisket	1 salad	410	230	26	10	65	0	1050	29	20	3	18
	with BBQ Pork	1 salad	370	190	21	7	65	0	1390	30	20	3	20
	w/ Crispy Chicken	1 salad	560	290	32	9	75	0	1310	44	18	4	28
	w/ Grilled Chicken	1 salad	400	170	19	6	90	0	1000	28	18	3	31
	Smoked Salmon Caesar Salad	1 salad	460	320	35	7	85	0.5	1230	15	4	3	24
	Smoked Salmon Caesar Salad-ZT	1 salad	450	310	34	8	85	0	1220	15	4	3	24
	Grilled Chicken Caesar Salad	1 salad	400	240	27	6	95	0.5	1070	14	4	4	28
	Grilled Chicken Caesar Salad-ZT	1 salad	400	240	27	7	90	0	1060	15	4	4	28
<b>BBQ Stuffed Potato-served with cornbread muffin-see SIDES section for info on muffin</b>													

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with Texas Beef Brisket	1 order	940	510	57	29	150	0	1890	73	10	7	41
with Texas Beef Brisket-ZT	1 order	940	510	57	29	150	0	1890	73	10	7	41
with Georgia Chopped Pork	1 order	860	440	49	25	150	0	2340	73	10	7	42
with Georgia Chopped Pork-ZT	1 order	860	440	49	25	150	0	2340	73	10	7	42
with Broccoli	1 order	1010	560	62	33	150	0.5	2450	82	11	10	40
with BBQ Chicken	1 order	760	360	40	15	95	2	1850	77	13	7	29
with BBQ Chicken-ZT	1 order	750	350	39	20	95	0	1820	77	13	7	29
<b>Soup, Salad and Potato Specials-choose 2 from below-</b>												
<b>served with cornbread muffin-see SIDES section for info on muffin</b>												
Chicken Wild Rice Soup	1 cup	210	140	16	6	40	1	910	12	2	1	5
Chicken Wild Rice Soup-ZT	1 cup	200	140	16	8	35	0	920	13	2	1	5
Dave's Famous Chili	1 cup	350	200	22	11	65	0	1040	21	7	5	20
Brunswick Stew	1 cup	170	90	10	3.5	40	0	830	11	6	1	11
Bacon Baked Potato Soup	1 cup	500	370	41	21	115	0	970	20	2	2	13
Fresh Garden Salad-without dressing	1 salad	270	170	19	8	105	0.5	590	13	4	3	15
Fresh Garden Salad-without dressing-ZT	1 salad	270	170	19	10	105	0	580	13	4	3	15
Side Caesar Salad	1 salad	240	180	20	4	25	0.5	640	12	2	3	6
Side Caesar Salad-no muffin-ZT	1 order	230	170	19	6	25	0	630	12	2	3	6
Baked Potato loaded w/ whipped butter, sour cream, cheddar cheese & bacon bits	1 order	610	300	33	13	50	1.5	1080	67	5	7	18
Baked Potato loaded w/ whipped butter, sour crm, cheddar cheese & bacon bits-ZT	1 order	600	290	32	18	50	0	1060	67	5	7	18
<b>LIL'WILBUR MEALS-</b>												
<b>served with choice of 1 side-see sides plus Oreo cookies &amp; a fountain beverage or milk-</b>												
BBQ or Country Roast Chicken	1 order	440	240	27	8	160	0	2230	13	6	0	37
Chicken Tenders	1 order	420	220	24	5	70	0	870	26	<1	1	28
Georgia Chopped Pork Sandwich	1 order	310	50	6	2	35	0	1350	48	21	2	17
Mini Corn Dogs	1 order	410	220	24	6	80	0	1050	34	9	1	15
Macaroni & Cheese	1 order	330	100	11	3	25	0	830	48	10	2	12
Rib Dinner	1 order	300	170	19	7	80	0	470	9	4	0	23
Kids' Burger	1 order	380	140	15	5	65	1	660	40	13	2	24
<b>Menu Item</b>	<b>Serving Size, g</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Fat, g</b>	<b>Sat Fat, g</b>	<b>Chole-sterol, mg</b>	<b>Trans Fat, g</b>	<b>Sodium, mg</b>	<b>Carb, g</b>	<b>Sugars, g</b>	<b>Fiber, g</b>	<b>Protein, g</b>
<b>LIL'WILBUR MEALS-CONTINUED</b>												
Kid's Cheeseburger	1 order	460	200	22	9	85	1	790	40	13	2	29
Milk	10 fl oz	150	50	6	4	25	0	125	15	15	0	10
Juice	10 fl oz	150	0	0	0	0	0	10	36	34	0	0
Fountain Beverage	8 fl oz	110	0	0	0	0	0	30	27	27	0	0
Fountain Beverage-sugar free	8 fl oz	0	0	0	0	0	0	30	0	0	0	0
Oreo Cookies	1 pkt	100	40	4.5	1.5	0	0	115	16	9	<1	1
Ice Cream Sundae	1 order	270	130	14	9	55	0	65	33	27	<1	3
Root Beer Float	1 order	210	50	6	3.5	25	0	75	39	38	0	2

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<b>HOMESTYLE DESSERTS</b>												
Dave's Famous Bread Pudding	1 order	1400	730	81	38	430	2	640	148	121	2	21
Dave's Famous Bread Pudding-ZT	1 order	1390	720	80	43	430	0	620	148	121	2	21
Better than Mom's Pecan Pie	1 order	1220	670	75	19	225	1.5	800	131	68	5	12
Better than Mom's Pecan Pie-ZT	1 order	1210	660	73	23	225	1.5	780	131	68	5	12
Down Home Banana Pudding	1 order	780	230	26	17	55	2	450	124	94	3	15
Hot Fudge Kahula Brownie	1 order	1470	530	59	30	130	5	860	229	172	6	13
Hot Fudge Kahula Brownie-ZT	1 order	1470	470	52	27	170	2	740	240	172	6	16
Famous Sundae-Praline	1 order	1060	650	72	35	190	1.5	340	99	92	2	8
Famous Sundae-Praline-ZT	1 order	1060	640	71	40	190	0	320	99	92	2	8
Famous Sundae-Hot Fudge	1 order	1040	490	54	37	155	0	350	129	102	2	10
Cool and Tangy Key Lime Pie	1 order	640	450	50	21	370	1.5	480	40	22	1	8
Cool and Tangy Key Lime Pie-ZT	1 order	630	440	49	26	365	0	460	40	22	1	8
Sweet Dixie's Mini-Famous Bread Pudding with Ice Cream	1 order	430	220	24	12	140	0	200	45	36	<1	7
Sweet Dixie's Mini-Hot Fudge Kahula Brownie with Ice Cream	1 order	440	100	11	4.5	25	1.5	210	85	66	2	4
Sweet Dixie's Mini-Hot Fudge Kahula Brownie with Ice Cream-ZT	1 order	430	100	11	6	35	0	130	82	64	2	4
Sweet Dixie's Mini Banana Pudding	1 order	220	70	8	5	15	0.5	130	35	26	<1	4
Sweet Dixie's Mini Key Lime Pie	1 order	210	150	17	7	125	0.5	160	13	7	0	3

**Famous Dave's 2013  
Nutrition Information**

Menu Item	Serving Size, g	Calories	Calories from fat	Fat, g	Sat Fat, g	Chole-sterol, mg	Trans Fat, g	Sodium, mg	Carb, g	Sugars,g	Fiber, g	Protein, g
<b>BEVERAGES-NON Alcoholic</b>												
Fountain Beverages	16 fl oz	220	0	0	0	0	0	70	54	54	0	0
Fountain Beverages-sugar free	16 fl oz	0	0	0	0	0	0	60	0	0	0	0
Coffee or tea	6 fl oz	0	0	0	0	0	0	0	0	0	0	0
Lemonade	16 fl oz	180	0	0	0	0	0	40	45	45	0	0
Sweetened Tea	16 fl oz	180	0	0	0	0	0	40	45	45	0	0
<b>TO GO MENU</b>												
St. Louis Style Ribs	full slab	1810	1050	117	45	480	0.5	2800	54	26	3	139
Baby Back Ribs	full slab	1150	600	67	24	360	0	2380	35	21	2	103
Memphis Style Baby Back Ribs	full slab	1010	540	60	21	370	0	2750	12	4	2	107
Southside Rib Tips	16 oz	1390	820	91	27	340	1	3900	32	29	4	113
Country Roasted Chicken	1 whole	1670	970	108	32	640	0	8390	29	11	0	145
BBQ Chicken	1 whole	1770	980	109	32	640	0	8930	51	32	0	146
Hot Link Sausage-meat only	16 oz	1460	1100	122	50	290	0	4000	17	13	0	74
Georgia Chopped Pork-meat only	16 oz	720	310	34	13	265	0	4920	20	16	1	84
Texas Beef Brisket-meat only	16 oz	1050	680	75	31	270	0	2390	21	19	1	74
Buffalo Chicken Wings-no extra sauces	12 wings	660	340	38	9	305	1	3170	16	12	0	65
Buffalo Chicken Wings-no extra sauces-ZT	12 wings	650	330	37	11	305	0	3160	16	12	0	65
BBQ Chicken Wings-no extra sauces	12 wings	640	280	31	8	305	0	2750	27	22	0	65
Boneless wings-no sauces	12 wings	930	370	41	8	130	0	4500	87	0	3	56
Pulled BBQ Chicken	16 oz	790	370	41	12	235	0	4090	53	45	<1	54
<b>FOOTNOTES:</b>												
"A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual calorie needs, however, may vary. Recommended limits for a 2,000 calorie daily diet are 20 grams saturated fat and 2,300 milligrams of sodium. Nutrition information is based on standard recipes and product formulations; however, variations may occur due to differences in preparation, serving sizes, ingredients or special orders. These variations invalidate the calculations listed. Nutrition information was calculated utilizing a combination of laboratory analysis and nutrition software and is rounded according to FDA labeling guidelines."												