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**NUTRITION**  
LISTED BY ITEM

*build your own*

# WORLD'S GREATEST HAMBURGER

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
1/3 lb Original Burger w/ White Small Bun	575	9	1863	39	2/3 lb Original Burger w/ White Large Bun	930	17	2751	51
1/3 lb Original Burger w/ Wheat Small Bun	525	9	513	49	2/3 lb Original Burger w/ Wheat Large Bun	850	15	2564	49
1/2 lb Original Burger w/ White Large Bun	790	13	1863	39	1 lb Original Burger w/ White Large Bun	1387	26	1189	72
1/2 lb Original Burger w/ Wheat Large Bun	718	12	567	27					

## WE GRILL IT U TOP IT

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Bacon, Sliced (2 slices)	69	2	262	0
Cheese, American Cheese, Yellow (2 slices)	140	6	560	4
Cheese, Bleu Cheese, Crumbles	76	4	289	0
Cheese, Cheddar, Sliced or Shredded (1 slice)	108	6	189	0
Cheese, Monterey Jack, Sliced or Shredded (1 slice)	111	6	192	0
Cheese, Pepper Jack, Sliced or Shredded (1 slice)	111	6	192	0
Cheese, Swiss, Sliced or Shredded (1 slice)	111	5	116	1
Grilled Onions	44	0	122	6
Grilled Mushrooms	35	0	3	2
Guacamole	75	6	94	2

*delicious*

## HOT DOGS

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Black Angus Dog	701	16	1849	53
Black Angus Chili Dog	756	17	2020	58
Black Angus Chili Cheese Dog	813	20	2108	58

# NUTRITION LISTED BY ITEM

# SPECIALTY

## BURGERS

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
1/3 lb American Melt Burger w/ Texas Toast	1242	57	2873	62	1/3 lb Southwest Burger w/ White Small Bun	792	18	2458	41
1/3 lb Bacon Cheddar Burger w/ White Small Bun	784	18	2401	40	1/3 lb Southwest Burger w/ Wheat Small Bun	743	17	2458	51
1/3 lb Bacon Cheddar Burger w/ Wheat Small Bun	771	17	2381	50	1/2 lb Southwest Burger w/ White Large Bun	1067	23	3446	57
1/2 lb Bacon Cheddar Burger w/ White Large Bun	1007	23	3248	52	1/2 lb Southwest Burger w/ Wheat Large Bun	921	21	3259	55
1/2 lb Bacon Cheddar Burger w/ Wheat Large Bun	913	20	3061	50	1/3 lb Swiss Melt Burger w/ White Small Bun	835	17	2334	48
1/3 lb BBQ Burger w/ White Small Bun	750	40	2942	53	1/3 lb Swiss Melt Burger w/ Wheat Small Bun	749	14	2314	58
1/2 lb BBQ Burger w/ White Large Bun	998	53	3820	67	1/2 lb Swiss Melt Burger w/ White Large Bun	1062	22	3181	61
1/2 lb BBQ Pork Burger w/ White Large Bun	886	21	1987	60	1/2 lb Swiss Melt Burger w/ Wheat Large Bun	845	18	2994	59
1/3 lb Green Chili Burger w/ White Small Bun	705	14	2067	40	1/3 lb Three Cheese Burger w/ White Small Bun	889	27	2392	40
1/3 lb Green Chili Burger w/ Wheat Small Bun	692	16	2047	50	1/3 lb Three Cheese Burger w/ Wheat Small Bun	856	26	2393	51
1/2 lb Green Chili Burger w/ White Large Bun	946	19	2967	54	1/2 lb Three Cheese Burger w/ White Large Bun	1129	30	3260	54
1/2 lb Green Chili Burger w/ Wheat Large Bun	852	20	2780	52	1/2 lb Three Cheese Burger w/ Wheat Large Bun	1035	31	3073	52
1/3 lb Hangover Burger w/ White Small Bun	774	45	2205	42	1/3 lb The Works Burger w/ White Small Bun	906	20	3066	47
1/2 lb Hangover Burger w/ White Large Bun	1001	57	3052	55	1/3 lb The Works Burger w/ Wheat Small Bun	757	17	3046	57
1/3 lb Inferno Burger w/ White Small Bun	776	15	3075	49	1/2 lb The Works Burger w/ White Large Bun	1133	25	3913	60
1/3 lb Inferno Burger w/ Wheat Small Bun	755	15	3055	59	1/2 lb The Works Burger w/ Wheat Large Bun	898	20	3726	58
1/2 lb Inferno Burger w/ White Large Bun	1003	20	3922	62					
1/2 lb Inferno Burger w/ Wheat Large Bun	896	19	3735	60					

**NUTRITION LISTED BY ITEM**

*— taste something —*  
**EXOTIC**

*item*

	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
1/2 lb Buffalo Burger w/ White Large Bun	692	12	1126	55
1/2 lb Elk Burger w/ White Large Bun	515	7	1159	55
1/2 lb Kobe Burger w/ White Large Bun	908	21	2662	52

*hot & delicious*  
 **SIDES** 

*item*

	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Apples	33	0	0	8
Baked Black Beans	127	1	409	19
Baked Black Beans w/ Tortilla Strips	235	2	851	35
Chili Cheese Fries, Small	551	12	1217	50
Chili Cheese Fries, Large	873	18	1919	80
Onion Rings, Small	377	4	911	38
Onion Rings, Medium	566	6	1367	58
Onion Rings, Large	754	8	1822	77
Sweet Potato Fries, Small	485	25	373	61
Sweet Potato Fries, Large	606	32	467	77
Side Salad	101	3	156	9
Side Salad w/ Caesar Dressing	237	5	376	8
Side Salad w/ Garlic Toast	325	5	567	27
Wedge Cut Fries, Small	296	3	572	36
Wedge Cut Fries, Large	493	6	953	60

**GARDEN  
 FRESH  
 SALADS**

*item*

	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Avocado Bacon Salad	738	22	1239	29
Chicken Caesar Salad w/ Grilled Chicken & Caesar Dressing	799	10	1328	17
Grilled Chicken Salad	538	10	913	24
Napa Valley Salad w/ Grilled Chicken	517	6	803	24
Southern Chicken Salad w/ Grilled Chicken	665	11	2173	89
Southern Fried Chicken Salad w/ Fried Chicken	808	12	1513	55
Southwest Salad w/ Grilled Chicken	1048	20	1998	76
Southwest Salad w/ Nacho Beef	923	21	1905	79

*\*Dressing not included unless indicated*

**AWESOME  
 APPS**

*item*

	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Buffalo Wings (6)	713	25	2227	10
Chips w/ Queso	1010	20	1835	107
Loaded Fries, Small	585	19	1096	42
Loaded Fries, Large	925	29	1739	68
Mozzarella Sticks w/ Marinara Sauce	908	20	3360	83
Tricked Out Nachos w/ Chicken	1427	31	3798	124
Tricked Out Nachos w/ Chili	1410	31	3956	136
Tricked Out Nachos w/ Nacho Beef	1465	33	4001	128

# • CHICKEN •

## == & more ==

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Bacon and Swiss Chicken Sandwich w/ Crispy Chicken	1146	17	2544	83	Mushroom Swiss Turkey Burger w/ Wheat Bun	1071	25	2352	56
Bacon and Swiss Chicken Sandwich w/ Grilled Chicken	1041	16	1829	49	Ribeye Steak Sandwich	456	11	331	1
Black Bean Burger	497	11	995	89	Tilapia Sandwich w/ Blackened Tilapia & White Bun	775	8	2598	51
Buffalo Chicken Sandwich w/ Crispy Chicken	725	7	4812	75	Tilapia Sandwich w/ Blackened Tilapia & Wheat Bun	601	3	1546	75
Buffalo Chicken Sandwich w/ Grilled Chicken	620	5	4097	41	Tilapia Sandwich w/ Fried Tilapia & White Bun	977	45	4577	104
Buffalo Ranch Chicken Sandwich w/ Grilled Chicken	1528	15	995	61	Tilapia Sandwich w/ Fried Tilapia & Wheat Bun	883	7	2030	124
California Turkey Burger w/ Wheat Bun	1172	29	2178	58	Tilapia Sandwich w/ Grilled Tilapia & White Bun	823	10	1197	51
Chicken Sandwich w/ Crispy Chicken	725	7	1812	75	Tilapia Sandwich w/ Grilled Tilapia & Wheat Bun	729	9	1020	49
Chicken Sandwich w/ Grilled Chicken	701	6	1264	53	Turkey Burger w/ Wheat Bun	870	18	1942	51
Chicken Tenders	468	4	1253	36	Turkey Swiss Burger w/ Wheat Bun	981	23	2058	52
Green Chili Chicken Sandwich w/ Grilled Chicken	740	10	1301	42	Ultimate Grilled Cheese Sandwich	1036	25	2189	50
Mushroom Turkey Burger w/ Wheat Bun	960	20	2236	55	Veggie Burger	432	6	1114	70

# FUN & TASTY KID'S MEALS ←

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Kid's Burger	469	6	1192	40	Kid's Shake, Chocolate	491	12	273	73
Kid's Cheese Burger	539	9	1472	42	Kid's Shake, Oreo®	472	15	414	62
Kid's Chicken Tenders	234	2	626	18	Kid's Shake, Strawberry	441	14	117	52
Kid's Grilled Cheese Sandwich	415	8	859	43	Kid's Shake, Vanilla	441	14	121	52
Kid's Grilled Chicken Sandwich	521	5	801	40	Kid's Wedge Cut Fries	246	2	477	30
Kid's Hot Dog	450	9	892	40					

# FRESH *from the* OVEN

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Brownie w/ Nuts	338	6	63	37	Macaroon Cookie, Regular	222	9	128	28
Brownie	264	6	63	36	Oatmeal Raisin Cookie	160	4	110	23
Chocolate Chip Cookie	180	5	125	24	Sugar Cookie	180	4	170	25
Crispy Square	439	9	363	73	White Chocolate Macadamia Nut Cookie	190	5	120	23
Macaroon Cookie, Jumbo	444	19	256	56					



# ICECREAM



*treats*

<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	<i>item</i>	Total Calories (kcal)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)
Shake, Chocolate	638	18	172	84	Shake, Strawberry	629	18	403	86
Shake, Oreo®	713	18	653	105	Shake, Vanilla	630	18	411	86

Nutritional information provided on these sheets is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Information is expressed in values based on federal rounding and other applicable regulations. Fuddruckers cannot guarantee the nutritional information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variations in serving sizes which may affect the nutrition values for each product.

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