



Nutrition Information

	Cinnamon Sugar	Salted	Parmesan Cheese	Plain	Confection Sugar
Serving Size	1 pretzel	1 pretzel	1 pretzel	1 pretzel	1 pretzel
Calories	440	340	400	270	480
Calories from Fat	80	10	70	80	90
Total Fat	9g/14%	1g/1%	8g/12%	9g/10%	10g/15%
Saturated Fat	5g/27%	0g/0%	5g/27%	1g/2%	8g/28%
Trans Fat	0%	0%	0%	0%	0%
Cholesterol	25mg/8%	0mg/0%	25mg/8%	25mg/8%	25mg/8%
Sodium	430mg/18%	900mg/38%	500mg/18%	330mg/16%	400mg/18%
Total Carbohydrate	83g/28%	72g/24%	72g/24%	72g/24%	84g/29%
Dietary Fiber	3g/11%	3g/11%	2g/8%	2g/8%	3g/11%
Sugar	28g	10g	15g	15g	26g
Protein	8g	8g	9g	8g	8g
Vitamin A	6%	0%	0%	0%	0%
Vitamin C	0%	0%	0%	0%	0%
Calcium	3%	3%	4%	2%	3%
Iron	13%	13%	12%	11%	13%