



Nutrition Guide

Printed on 05-31-2016 . Information can change frequently, so check www.DunkinDonuts.com for the most current information.

Before placing your order, please inform your server if a person in your party has a food allergy.

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
AM Snacks																	
Brown Sugar Flavored Oatmeal with Dried Fruit Topping	1 Serving	300	35	4	1	0	0	470	61	6	28	7	40	0	20	45	
Hash Browns	6 Pieces	140	70	8	1	0	0	480	17	2	0	2	0	8	2	2	
Original Kolache	1 Kolache	180	80	9	3	0	20	250	20	1	6	10	0	8	4	6	
Original Oatmeal with Dried Fruit Topping	1 Serving	270	35	4	1	0	0	140	54	6	22	7	40	0	20	80	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Bagels																	
Blueberry Bagel Twist	1 Bagel	350	10	1	0	0	0	570	75	4	18	11	0	0	2	20	
Cinnamon Raisin Bagel	1 Bagel	320	10	1	0	0	0	500	66	4	14	12	0	0	4	20	
Cinnamon Raisin Bagel Twist	1 Bagel Twist	350	10	1	0	0	0	510	72	4	20	12	0	0	4	20	
Everything Bagel	1 Bagel	340	25	3	0	0	0	630	67	5	7	12	0	2	6	20	
Garlic Bagel	1 Bagel	330	10	1	0	0	0	630	69	5	7	12	0	2	2	20	
Multigrain Bagel	1 Bagel	350	60	7	0.5	0	0	450	63	8	8	15	0	0	6	50	
Onion Bagel	1 Bagel	310	10	1	0	0	0	500	63	3	4	11	0	2	2	20	
Pepper Jack Supreme Bagel	1 Bagel	410	80	8	4.5	0	25	840	67	4	7	17	20	50	20	20	
Plain Bagel	1 Bagel	310	5	1	0	0	0	620	64	4	7	11	0	0	2	20	
Poppy Seed Bagel	1 Bagel	340	35	3.5	0.5	0	0	630	66	5	7	12	0	0	10	25	
Salt Bagel	1 Bagel	310	5	1	0	0	0	3380	64	4	7	11	0	0	2	20	
Sesame Seed Bagel	1 Bagel	350	45	4.5	1	0	0	630	65	5	7	12	0	0	2	20	
Sour Cream and Onion Bagel	1 Bagel	330	15	1.5	0	0	0	1050	66	3	6	13	2	10	8	20	
Sour Cream and Onion Bagel Twist	1 Bagel Twist	330	15	1.5	0	0	0	1050	66	3	6	13	2	10	8	20	
White Cheddar Bagel Twist	1 Bagel Twist	390	70	8	4	0	25	760	64	4	7	16	4	0	15	20	
Whole Wheat Bagel	1 Bagel	320	15	2	0	0	0	590	61	7	10	13	0	0	4	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Bakery Sandwiches																	
Bacon Ancho Chicken Sandwich	1 Sandwich	640	220	25	7	0	65	1620	70	3	7	34	6	0	20	35	
Chicken Bacon Sandwich on a Croissant	1 Sandwich	730	370	41	15	0	70	1320	58	2	12	31	4	15	15	20	
Chicken Salad on a Croissant	1 Sandwich	580	350	39	11	0	45	850	42	2	7	16	2	15	2	15	
Deluxe Grilled Cheese with Bacon	1 Sandwich	560	300	34	15	0.5	55	1090	41	1	3	22	10	0	40	15	
Deluxe Grilled Cheese with Ham	1 Sandwich	530	270	30	13	0.5	55	1200	41	1	4	23	10	0	40	15	
Ham and Cheese Flatbread	1 Sandwich	330	110	12	5	0	45	970	35	3	8	19	4	0	20	8	
Snack 'n Go Chicken Wrap - Breaded Chicken	1 Wrap	320	170	19	6	0	45	720	20	1	2	17	4	0	15	6	
Texas Toast Grilled Cheese	1 Sandwich	500	260	29	13	0.5	40	930	41	1	3	18	10	0	40	10	
Tuna Salad Sandwich on a Plain Bagel	1 Sandwich	580	230	25	3.5	0	40	1120	68	4	7	22	2	0	2	20	
Turkey Cheddar Bacon Flatbread	1 Sandwich	380	160	17	6	0	60	1050	32	3	4	24	6	2	20	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Beverage Flavors																	
Flavor Shot in Medium Beverage	1 Shot	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Breakfast Sandwiches																	
Angus Steak and Egg Sandwich	1 Sandwich	570	170	19	10	1	125	1300	67	4	7	33	4	0	15	30	
Angus Steak and Egg Wake Up Wrap	1 Wrap	230	120	14	7	0.5	65	570	13	1	1	14	4	0	10	6	
Bacon Supreme Omelet Breakfast Sandwich	1 Sandwich	600	340	37	16	0.5	245	1200	43	2	6	23	15	30	25	20	
Bacon, Egg & Cheese on Biscuit	1 Sandwich	470	240	27	14	0.5	75	1310	38	1	4	18	6	0	15	15	
Bacon, Egg & Cheese on Croissant	1 Sandwich	490	260	29	13	0	80	870	40	2	6	18	4	15	10	15	
Bacon, Egg & Cheese on English Muffin	1 Sandwich	300	100	12	5	0	80	630	32	7	2	16	4	0	10	10	
Bacon, Egg & Cheese on a Plain Bagel	1 Sandwich	470	110	12	5	0	80	1140	67	4	7	23	4	0	10	20	
Big n' Toasted™	1 Sandwich	570	280	31	11	0	145	1290	44	1	4	27	6	0	20	15	
Chicken Apple Sausage Breakfast Sandwich	1 Sandwich	350	90	10	4	0	120	1220	39	7	6	24	6	2	15	15	
Chicken Biscuit	1 Sandwich	540	250	28	11	0	35	1380	51	2	6	21	0	0	4	20	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Breakfast Sandwiches																	
Egg & Cheese on Biscuit	1 Sandwich	420	210	23	13	0.5	70	1100	37	1	4	14	6	0	15	15	
Egg & Cheese on Croissant	1 Sandwich	440	220	25	11	0	70	710	40	2	6	14	4	10	10	15	
Egg & Cheese on English Muffin	1 Sandwich	240	60	7	3.5	0	70	470	32	7	2	12	4	0	10	10	
Egg & Cheese on a Plain Bagel	1 Sandwich	410	70	7	3.5	0	70	980	67	4	7	19	4	0	10	20	
Egg White Veggie Flatbread	1 Sandwich	320	120	13	6	0	30	610	33	4	3	17	10	10	25	6	
Ham, Egg & Cheese on Biscuit	1 Sandwich	450	220	24	13	0.5	80	1380	38	1	4	18	6	0	15	15	
Ham, Egg & Cheese on Croissant	1 Sandwich	470	230	26	12	0	80	980	40	2	6	19	4	15	10	15	
Ham, Egg & Cheese on English Muffin	1 Sandwich	270	70	8	4	0	80	740	33	7	2	17	4	0	10	10	
Ham, Egg & Cheese on a Plain Bagel	1 Sandwich	440	70	8	4	0	80	1260	67	4	7	24	4	0	10	20	
Pork Roll Breakfast Sandwich	1 Sandwich	660	360	40	17	0	110	1270	43	2	7	23	6	15	10	15	
Sausage Biscuit	1 Sandwich	530	330	36	17	0	45	1230	36	1	3	14	2	0	6	20	
Sausage, Egg & Cheese on Biscuit	1 Sandwich	630	380	43	20	0.5	115	1590	38	2	4	22	6	0	15	20	
Sausage, Egg & Cheese on Croissant	1 Sandwich	650	390	44	18	0	115	1210	41	2	6	23	6	15	10	20	
Sausage, Egg & Cheese on English Muffin	1 Sandwich	450	240	26	11	0	115	970	33	7	2	20	6	0	15	15	
Sausage, Egg & Cheese on a Plain Bagel	1 Sandwich	620	240	26	11	0	115	1480	67	4	7	27	6	0	15	25	
Sliced Turkey Breakfast Sandwich	1 Sandwich	340	110	12	5	0	105	1000	32	3	3	25	6	2	20	15	
Sweet Black Pepper Bacon Sandwich	1 Sandwich	560	300	34	14	0	90	1030	43	2	8	22	4	15	10	15	
Turkey Sausage Flatbread Sandwich	1 Sandwich	420	190	22	8	0	115	990	32	3	3	25	10	0	20	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coffee																	
Blueberry Coffee Small	10 fl oz	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Caramel Coffee Small	10 fl oz	10	0	0	0	0	0	5	2	0	0	0	0	0	0	0	0
Caramel Coffee with Cream Large	20 fl oz	340	110	12	7	0	45	120	53	0	49	6	8	2	20	2	
Caramel Coffee with Cream Medium	14 fl oz	250	80	9	5	0	30	90	40	0	37	4	6	2	15	2	
Caramel Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2	
Caramel Coffee with Cream Xlarge	24 fl oz	420	130	15	9	0	55	150	66	0	61	7	10	2	25	2	
Caramel Mocha Coffee Large	20 fl oz	230	5	0	0	0	0	40	53	1	48	3	0	0	6	0	
Caramel Mocha Coffee Medium	14 fl oz	170	5	0	0	0	0	30	39	1	36	2	0	0	4	0	
Caramel Mocha Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	24	2	0	0	2	0	
Caramel Mocha Coffee XLarge	24 fl oz	280	5	0	0	0	5	50	66	2	60	4	2	0	6	0	

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Caramel Mocha Coffee with Cream Large	20 fl oz	340	110	12	7	0	40	65	55	1	48	5	8	0	10	0
Caramel Mocha Coffee with Cream Medium	14 fl oz	260	80	9	6	0	30	50	41	1	36	3	6	0	8	0
Caramel Mocha Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	30	27	1	24	2	4	0	6	0
Caramel Mocha Coffee with Cream XLarge	24 fl oz	430	140	15	9	0	55	80	68	2	60	6	10	2	15	0
Coconut Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Coffee Extra Large	24 fl oz	15	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Coffee Large	20 fl oz	10	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Coffee Medium	14 fl oz	10	0	0	0	0	0	10	1	0	0	1	0	0	0	0
Coffee Small	10 fl oz	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Coffee with Cream Large	20 fl oz	120	100	11	7	0	40	35	4	0	0	2	8	0	6	0
Coffee with Cream Medium	14 fl oz	90	80	9	5	0	30	25	3	0	0	2	6	0	4	0
Coffee with Cream Small	10 fl oz	60	50	6	4	0	20	20	2	0	0	1	4	0	2	0
Coffee with Cream XLarge	24 fl oz	160	130	14	9	0	50	45	5	0	0	3	10	0	8	0
Coffee with Cream and Sugar Large	20 fl oz	260	100	11	7	0	40	35	39	0	35	2	8	0	6	0
Coffee with Cream and Sugar Medium	14 fl oz	190	80	9	5	0	30	25	29	0	26	2	6	0	4	0
Coffee with Cream and Sugar Small	10 fl oz	120	50	6	4	0	20	20	19	0	17	1	4	0	2	0
Coffee with Cream and Sugar XLarge	24 fl oz	320	130	14	9	0	50	45	48	0	44	3	10	0	8	0
Coffee with Skim Milk Large	20 fl oz	30	0	0	0	0	0	40	5	0	3	3	2	0	8	0
Coffee with Skim Milk Medium	14 fl oz	25	0	0	0	0	0	30	4	0	2	2	2	0	6	0
Coffee with Skim Milk Small	10 fl oz	15	0	0	0	0	0	25	3	0	2	2	0	0	4	0
Coffee with Skim Milk XLarge	24 fl oz	40	0	0	0	0	0	45	6	0	4	4	4	0	10	0
Coffee with Skim Milk and Sucralose Sweetener Large	20 fl oz	40	0	0	0	0	0	40	8	0	6	3	2	0	8	0
Coffee with Skim Milk and Sucralose Sweetener Medium	14 fl oz	30	0	0	0	0	0	30	5	0	4	2	2	0	6	0
Coffee with Skim Milk and Sucralose Sweetener Small	10 fl oz	20	0	0	0	0	0	20	3	0	2	1	2	0	4	0
Coffee with Skim Milk and Sucralose Sweetener XLarge	24 fl oz	50	0	0	0	0	0	45	10	0	7	4	4	0	10	0
Coffee with Skim Milk and Sugar Large	20 fl oz	170	0	0	0	0	0	40	40	0	38	3	2	0	8	0
Coffee with Skim Milk and Sugar Medium	14 fl oz	120	0	0	0	0	0	30	30	0	28	2	2	0	6	0
Coffee with Skim Milk and Sugar Small	10 fl oz	70	0	0	0	0	0	25	20	0	19	2	0	0	4	0
Coffee with Skim Milk and Sugar XLarge	24 fl oz	210	0	0	0	0	0	50	49	0	47	4	4	0	10	0

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Coffee with Sucralose Sweetener Large	20 fl oz	20	0	0	0	0	0	15	5	0	3	1	0	0	0	0
Coffee with Sucralose Sweetener Medium	14 fl oz	15	0	0	0	0	0	10	3	0	2	1	0	0	0	0
Coffee with Sucralose Sweetener Small	10 fl oz	10	0	0	0	0	0	5	2	0	1	0	0	0	0	0
Coffee with Sucralose Sweetener XLarge	24 fl oz	30	0	0	0	0	0	15	6	0	3	1	0	0	0	0
Coffee with Sugar Large	20 fl oz	150	0	0	0	0	0	15	37	0	35	1	0	0	0	0
Coffee with Sugar Medium	14 fl oz	110	0	0	0	0	0	10	28	0	26	1	0	0	0	0
Coffee with Sugar Small	10 fl oz	60	0	0	0	0	0	5	18	0	17	0	0	0	0	0
Coffee with Sugar XLarge	24 fl oz	180	0	0	0	0	0	15	46	0	43	1	0	0	0	0
Coffee with Whole Milk Large	20 fl oz	45	20	2	1	0	5	40	5	0	3	3	2	0	6	0
Coffee with Whole Milk Medium	14 fl oz	35	15	1.5	1	0	5	30	3	0	2	2	2	0	6	0
Coffee with Whole Milk Small	10 fl oz	25	10	1	1	0	5	20	2	0	1	1	0	0	4	0
Coffee with Whole Milk XLarge	24 fl oz	60	20	2.5	1.5	0	10	45	6	0	4	3	2	0	8	0
Coffee with Whole Milk and Sugar Large	20 fl oz	200	20	2	1	0	5	40	44	0	42	3	2	0	6	0
Coffee with Whole Milk and Sugar Medium	14 fl oz	140	15	1.5	1	0	5	30	30	0	28	2	2	0	6	0
Coffee with Whole Milk and Sugar Small	10 fl oz	80	10	1	1	0	5	20	20	0	19	1	0	0	4	0
Coffee with Whole Milk and Sugar XLarge	24 fl oz	230	20	2.5	1.5	0	10	45	49	0	47	3	2	0	8	0
French Vanilla Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
French Vanilla Swirl Hot Coffee Large	20 fl oz	230	0	0	0	0	5	75	53	0	49	3	2	0	10	0
French Vanilla Swirl Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0
French Vanilla Swirl Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0
French Vanilla Swirl Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	90	65	0	60	4	2	0	10	0
French Vanilla Swirl Hot Coffee with Cream Large	20 fl oz	340	100	12	7	0	45	95	54	0	48	5	10	0	15	0
French Vanilla Swirl Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0
French Vanilla Swirl Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	45	27	0	24	2	4	0	8	0
French Vanilla Swirl Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0
Hazelnut Coffee Large	20 fl oz	25	0	0	0	0	0	15	2	0	0	1	0	0	0	0
Hazelnut Coffee Medium	14 fl oz	15	0	0	0	0	0	10	1	0	0	1	0	0	0	0
Hazelnut Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Hazelnut Coffee XLarge	24 fl oz	30	0	0	0	0	0	15	2	0	0	1	0	0	0	0

Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Hazelnut Swirl Hot Coffee Large	20 fl oz	230	0	0	0	0	5	70	53	0	48	3	2	0	8	0
Hazelnut Swirl Hot Coffee Medium	14 fl oz	170	0	0	0	0	5	50	39	0	36	2	2	0	6	0
Hazelnut Swirl Hot Coffee Small	10 fl oz	110	0	0	0	0	0	35	26	0	24	2	0	0	4	0
Hazelnut Swirl Hot Coffee XLarge	24 fl oz	280	0	0	0	0	5	90	66	0	60	4	2	0	10	0
Hazelnut Swirl Hot Coffee with Cream Large	20 fl oz	340	100	12	7	0	45	95	55	0	48	5	10	0	15	0
Hazelnut Swirl Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	35	70	41	0	36	4	8	0	10	0
Hazelnut Swirl Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	45	27	0	24	2	4	0	8	0
Hazelnut Swirl Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	55	115	68	0	60	6	10	2	20	0
Hot Coffee with Almond Milk Large	20 fl oz	45	10	1	0	0	0	75	8	0	6	1	4	0	8	0
Hot Coffee with Almond Milk Medium	14 fl oz	30	5	0.5	0	0	0	50	6	0	4	1	2	0	6	0
Hot Coffee with Almond Milk Small	10 fl oz	20	5	0	0	0	0	25	3	0	2	1	2	0	2	0
Hot Coffee with Almond Milk XLarge	24 fl oz	60	10	1.5	0	0	0	95	11	1	8	1	6	0	10	2
Mocha Coffee Large	20 fl oz	230	10	1	0	0	0	40	52	2	46	3	0	0	0	0
Mocha Coffee Medium	14 fl oz	170	0	0.5	0	0	0	30	39	2	34	2	0	0	0	0
Mocha Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	23	1	0	0	0	0
Mocha Swirl Coffee Extra Large	24 fl oz	280	10	1	0.5	0	0	50	65	3	57	3	0	0	0	0
Mocha Swirl Coffee Large	20 fl oz	230	10	1	0	0	0	40	52	2	46	3	0	0	0	0
Mocha Swirl Coffee Medium	14 fl oz	170	0	0.5	0	0	0	30	39	2	34	2	0	0	0	0
Mocha Swirl Coffee Small	10 fl oz	110	0	0	0	0	0	20	26	1	23	1	0	0	0	0
Mocha Swirl Coffee with Cream Extra Large	24 fl oz	430	140	16	10	0	50	75	68	3	57	5	10	0	8	0
Mocha Swirl Coffee with Cream Large	20 fl oz	340	110	12	8	0	40	60	54	2	46	4	8	0	6	0
Mocha Swirl Coffee with Cream Medium	14 fl oz	260	80	9	6	0	30	45	41	2	34	3	6	0	4	0
Mocha Swirl Coffee with Cream Small	10 fl oz	170	50	6	4	0	20	30	27	1	23	2	4	0	2	0
Raspberry Coffee Small	10 fl oz	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Toasted Almond Coffee Small	10 fl oz	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cookies																	
Warm Chocolate Chip Cookie	1 Cookie	250	100	11	7	0	30	110	36	1	24	3	6	0	2	15	
Warm Oatmeal Raisin Cookie	1 Cookie	220	60	7	4	0	40	150	36	2	20	3	6	0	4	10	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Coolatta																	
Blue Raspberry Coolatta Large	32 fl oz	480	0	0	0	0	0	45	123	0	121	0	0	0	2	0	
Blue Raspberry Coolatta Medium	24 fl oz	360	0	0	0	0	0	35	92	0	91	0	0	0	2	0	
Blue Raspberry Coolatta Small	16 fl oz	240	0	0	0	0	0	25	62	0	61	0	0	0	2	0	
Minute Maid® Orange Coolatta® Large	32 fl oz	430	0	0	0	0	0	35	109	0	105	1	0	0	4	0	
Minute Maid® Orange Coolatta® Medium	24 fl oz	330	0	0	0	0	0	25	81	0	79	1	0	0	2	0	
Minute Maid® Orange Coolatta® Small	16 fl oz	220	0	0	0	0	0	20	54	0	52	1	0	0	2	0	
Sour Apple Coolatta Large	32 fl oz	480	0	0	0	0	0	75	128	0	120	0	0	0	2	0	
Sour Apple Coolatta Medium	24 fl oz	360	0	0	0	0	0	55	96	0	90	0	0	0	2	0	
Sour Apple Coolatta Small	16 fl oz	240	0	0	0	0	0	35	64	0	60	0	0	0	2	0	
Strawberry Fruit Coolatta® Large	32 fl oz	490	0	0	0	0	0	60	117	0	117	0	0	40	2	0	
Strawberry Fruit Coolatta® Medium	24 fl oz	370	0	0	0	0	0	45	88	0	88	0	0	30	2	0	
Strawberry Fruit Coolatta® Small	16 fl oz	250	0	0	0	0	0	30	58	0	58	0	0	20	0	0	
Vanilla Bean Coolatta® Large	32 fl oz	850	110	12	7	0	45	300	184	0	174	6	8	0	25	2	
Vanilla Bean Coolatta® Medium	24 fl oz	630	80	9	5	0	30	220	138	0	130	4	6	0	20	2	
Vanilla Bean Coolatta® Small	16 fl oz	420	50	6	3.5	0	20	150	92	0	87	3	4	0	10	0	
Watermelon Coolatta Large	32 fl oz	480	0	0	0	0	0	60	125	0	122	0	0	0	2	0	
Watermelon Coolatta Medium	24 fl oz	360	0	0	0	0	0	45	94	0	91	0	0	0	2	0	
Watermelon Coolatta Small	16 fl oz	240	0	0	0	0	0	25	62	0	61	0	0	0	2	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Cream Cheese																	
Plain Cream Cheese Spread	1 Unit	150	130	15	9	0.5	40	250	3	0	3	3	10	0	4	0	
Reduced Fat Plain Cream Cheese - 50% Less Fat than Regular Cream Cheese	1 Unit	100	70	8	5	0	25	250	5	0	2	4	10	0	6	0	

Cream Cheese	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Reduced Fat Strawberry Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit	150	90	10	6	0	30	200	15	0	11	2	6	0	4	0
Reduced Fat Veggie Cream Cheese Spread - 25% Less Fat than Cream Cheese Spread	1 Unit	120	90	10	6	0	30	240	6	0	2	2	20	8	4	0

Danish	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Apple Cheese Danish	1 Danish	400	170	19	8	0	5	310	53	1	29	5	0	8	2	10
Cheese Danish	1 Danish	420	190	21	9	0	10	320	52	1	27	5	0	8	2	10
Strawberry Cheese Danish	1 Danish	400	170	19	8	0	0	310	52	1	26	5	2	10	2	10

Donuts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
#1 Dad Donut	1 Donut	300	120	13	6	0	0	320	40	1	20	4	0	0	2	8
Apple Croissant Donut	1 Croissant Donut	350	140	16	10	0	25	280	47	1	22	5	0	0	2	10
Apple Crumb Donut	1 Donut	320	140	15	7	0	0	350	42	1	21	3	2	0	0	6
Apple Stick	1 Stick	420	220	25	12	0	30	390	44	1	20	4	0	0	4	10
Apple Streusel Donut	1 Donut	340	140	16	7	0	0	350	45	1	23	3	2	0	2	6
Apple n Spice Donut	1 Donut	260	130	14	6	0	0	340	29	1	9	3	2	0	2	6
Bavarian Creme Donut	1 Donut	270	140	15	7	0	0	350	31	1	9	4	2	0	0	6
Bismark	1 Bismark	490	220	25	10	0	0	350	62	1	37	5	0	0	2	10
Blueberry Butternut Donut	1 Donut	420	160	17	8	0	30	380	60	1	35	4	0	0	2	10
Blueberry Cobbler Croissant Donut	1 Croissant Donut	380	160	17	11	0	25	290	50	1	23	5	0	0	2	10
Blueberry Crumb Cake Donut	1 Donut	380	160	18	8	0	30	390	50	1	27	4	0	0	2	10
Boston Kreme Croissant Donut	1 Croissant Donut	330	150	16	10	0	25	280	43	1	18	5	0	0	2	10
Boston Kreme Donut	1 Donut	300	140	16	7	0	0	360	37	1	17	3	2	0	0	8
Boston Kreme Drizzle Donut	1 Donut	310	140	16	7	0	0	360	40	1	19	3	2	0	0	8
Boston Kreme Sprinkles Donut	1 Donut	320	150	16	7	0	0	360	40	1	18	3	2	0	0	8
Bowtie Donut	1 Donut	270	100	12	4.5	0	0	270	38	1	16	4	0	0	2	8
Butternut Donut	1 Donut	410	180	20	9	0	25	330	55	1	33	4	4	0	2	8
Buzzer Beater Donut	1 Donut	310	140	15	7	0	0	360	41	1	19	3	2	0	0	6
Caramel Latte Square Donut	1 Donut	390	180	20	9	0	0	330	49	1	26	4	0	0	2	8

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Donuts																	
Chocolate Butternut Donut	1 Donut	410	180	20	10	0	0	430	54	2	31	4	0	0	2	10	
Chocolate Coconut Donut	1 Donut	400	210	23	12	0	0	420	45	2	22	4	0	0	2	10	
Chocolate Creme Donut	1 Donut	320	170	19	8	0	0	360	35	1	14	4	2	0	0	8	
Chocolate Crumb Cake Donut	1 Donut	380	190	22	9	0	0	490	43	2	22	4	0	0	2	10	
Chocolate Dipped French Cruller	1 Donut	310	170	19	9	0	50	160	33	0	20	3	0	0	2	2	
Chocolate Dulce de Leche Donut	1 Donut	340	150	17	7	0.5	0	370	42	1	20	4	2	0	4	8	
Chocolate Frosted Cake Donut	1 Donut	350	170	19	9	0	25	340	40	1	20	4	4	0	2	8	
Chocolate Frosted Coffee Roll	1 Coffee Roll	400	170	19	8	0	0	430	51	2	18	7	0	0	2	15	
Chocolate Frosted Donut	1 Donut	280	140	15	7	0	0	340	31	1	13	3	2	0	0	8	
Chocolate Frosted Donut with Sprinkles	1 Donut	290	140	16	7	0	0	340	34	1	14	3	2	0	0	8	
Chocolate Headlight Donut	1 Donut	330	160	18	8	0	0	360	39	1	18	4	2	0	0	8	
Chocolate Iced Bismark	1 Bismark	390	170	19	8	0	0	360	52	2	21	5	0	0	2	10	
Chocolate Long John	1 Long John	340	150	17	7	0	0	320	42	2	16	5	0	0	2	10	
Chocolate Peanut Butter Flavored Creme Donut	1 Donut	360	170	19	8	0	0	360	44	1	24	3	2	0	0	8	
Cinnamon Donut	1 Donut	310	170	19	9	0	25	320	32	1	13	4	4	0	2	8	
Cinnamon Guava Donut	1 Donut	250	130	14	6	0	0	340	28	1	8	3	2	20	2	8	
Cinnamon Stick	1 Stick	380	220	25	12	0	30	370	35	1	13	4	0	0	4	8	
Coconut Donut	1 Donut	400	200	22	12	0	25	330	46	2	25	4	4	0	2	8	
Coconut Drizzle Dulce de Leche Donut	1 Donut	300	160	17	8	0	0	360	33	1	11	4	2	0	4	8	
Coconut Dulce de Leche Donut	1 Donut	360	170	19	9	0.5	0	370	43	2	20	5	2	0	4	8	
Coconut Guava Donut	1 Donut	310	150	16	8	0	0	350	39	1	17	3	2	20	0	6	
Coffee Roll	1 Coffee Roll	390	160	18	7	0	0	410	51	2	17	7	0	0	2	10	
Crumb Cake Donut	1 Donut	380	180	20	9	0	25	330	46	1	25	4	4	0	2	8	
Double Chocolate Donut	1 Donut	350	180	20	9	0	0	440	39	2	18	4	0	0	2	10	
Eclair	1 Eclair	380	160	18	7	0	0	350	50	2	22	5	0	0	2	10	
Football Donut	1 Donut	310	140	16	7	0	0	360	39	1	19	3	2	0	0	8	
French Apple Donut	1 Donut	300	130	15	7	0	0	350	38	1	18	3	2	0	0	6	
French Cruller	1 Donut	260	160	18	9	0	50	140	21	0	10	2	0	0	2	2	
Frosted Chocolate Creme Donut	1 Donut	360	180	19	8	0	0	380	42	2	21	4	2	0	0	10	
Frosted Maple Creme Donut	1 Donut	360	170	19	8	0	0	360	44	1	25	3	2	0	0	6	
Frosted Strawberry Dream Donut	1 Donut	360	170	19	8	0	0	360	44	1	25	3	2	0	0	6	
Frosted Vanilla Creme Donut	1 Donut	360	180	20	9	0	0	370	43	1	24	3	2	0	0	8	
Glazed Apple Maple Donut	1 Donut	310	130	14	6	0	0	350	41	1	17	3	2	0	0	6	
Glazed Bavarian Creme Donut	1 Donut	290	130	15	7	0	0	350	37	1	15	3	2	0	0	6	
Glazed Blueberry Donut	1 Donut	340	150	16	7	0	30	380	43	1	21	4	0	0	2	10	
Glazed Caramel Donut	1 Donut	330	140	16	7	0	0	350	41	1	19	4	2	0	4	6	
Glazed Chocolate Creme Donut	1 Donut	360	170	19	8	0	0	370	44	1	22	4	2	0	0	8	
Glazed Chocolate Donut	1 Donut	340	170	19	9	0	0	420	38	1	17	3	0	0	2	10	
Glazed Chocolate Stick	1 Stick	410	230	25	11	0	0	540	42	2	20	4	0	0	2	10	

Donuts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Glazed Croissant Donut	1 Croissant Donut	300	140	15	10	0	25	260	34	1	12	5	0	0	2	10
Glazed Donut	1 Donut	260	130	14	6	0	0	330	31	1	12	3	2	0	0	6
Glazed Dulce de Leche Donut	1 Donut	330	140	16	7	0	0	350	41	1	19	4	2	0	4	6
Glazed Fritter	1 Fritter	410	150	17	7	0	0	380	60	2	27	6	0	0	2	10
Glazed Guava Donut	1 Donut	280	130	14	6	0	0	340	36	1	15	3	2	20	0	6
Glazed Jelly Donut	1 Donut	310	130	14	6	0	0	340	43	1	14	3	2	0	0	6
Glazed Jelly Stick	1 Stick	480	220	25	11	0	30	380	59	1	37	4	0	0	2	8
Glazed Lemon Donut	1 Donut	300	130	15	7	0	0	350	39	1	17	3	2	0	0	6
Glazed Old Fashioned Donut	1 Donut	340	170	19	8	0	25	320	39	1	19	4	4	0	2	8
Glazed Stick	1 Stick	410	220	25	11	0	30	370	43	1	21	4	0	0	2	8
Glazed Strawberry Donut	1 Donut	320	130	14	6	0	0	350	45	1	21	3	2	2	2	6
Glazed Vanilla Creme Donut	1 Donut	370	180	19	8	0	0	360	44	1	25	3	2	0	0	6
Guava Burst Donut	1 Donut	260	130	15	7	0	0	340	29	1	9	3	2	20	0	6
Guayaba Burst Donut	1 Donut	300	140	15	7	0	0	330	38	1	15	4	2	0	0	6
I Heart Mom Donut	1 Donut	310	130	14	6	0	0	270	43	1	20	4	0	0	2	8
Jelly Donut	1 Donut	270	130	14	6	0	0	330	32	1	15	3	2	0	0	6
Jelly Stick	1 Stick	440	220	25	11	0	30	380	50	1	29	4	0	0	2	8
Lemon Donut	1 Donut	260	130	15	7	0	0	350	29	1	10	3	2	0	0	6
Lemon Stick	1 Stick	430	230	26	12	0	30	400	44	1	21	4	0	0	2	8
Maple Apple Croissant Donut	1 Croissant Donut	350	150	16	11	0	25	290	45	1	19	5	0	0	2	10
Maple Creme Donut	1 Donut	330	170	19	8	0	0	350	36	1	17	3	2	0	0	6
Maple Creme Drizzle Donut	1 Donut	370	170	19	8	0	0	360	47	1	28	3	2	0	0	6
Maple Crumb Cake Donut	1 Donut	380	180	20	9	0	25	330	45	1	25	4	4	0	2	8
Maple Frosted Coffee Roll	1 Coffee Roll	400	170	19	8	0	0	430	52	2	19	7	0	0	2	10
Maple Frosted Donut	1 Donut	270	140	15	7	0	0	340	32	1	14	3	2	0	0	6
Maple Frosted Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	34	1	15	3	2	0	0	6
Maple Vanilla Creme Donut	1 Donut	360	180	20	8	0	0	360	43	1	24	3	2	0	0	6
Marble Frosted Donut	1 Donut	270	140	15	7	0	0	340	32	1	13	3	2	0	0	8
Old Fashioned Cake Donut	1 Donut	320	200	22	10	0	25	300	33	1	9	3	4	0	10	6
Peanut Butter Flavored Creme Donut	1 Donut	320	170	19	8	0	0	350	36	1	18	3	2	0	0	6
Peanut Butter Flavored Creme and Jelly Donut	1 Donut	360	170	19	8	0	0	360	44	1	26	3	2	0	0	6
Peanut Donut	1 Donut	450	230	26	10	0	25	330	48	2	26	7	4	0	4	8
Plain Stick Donut	1 Stick	370	220	25	11	0	30	370	31	1	10	4	0	0	2	8
Play Ball Donut	1 Donut	340	130	15	7	0	0	360	48	1	20	3	2	0	0	6
Powdered Donut	1 Donut	320	170	19	9	0	25	320	33	1	14	4	4	0	2	8
Powdered Stick	1 Stick	390	230	25	12	0	30	370	37	1	15	4	0	0	2	8
Sour Cream Donut	1 Donut	350	150	17	7	0	10	330	47	1	26	4	0	0	2	6
Spiced Chocolate Dulce de Leche Donut	1 Donut	340	150	17	7	0.5	0	370	42	1	20	4	2	0	4	8
Spiced Dulce de Leche Donut	1 Donut	290	150	16	7	0	0	350	33	1	11	4	2	0	4	6

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Donuts																	
Strawberry Donut	1 Donut	280	130	15	7	0	0	330	34	1	14	3	2	2	0	6	
Strawberry Dream Donut	1 Donut	330	170	19	8	0	0	350	36	1	17	3	2	0	0	6	
Strawberry Dream Swirl Donut	1 Donut	370	170	19	8	0	0	360	47	1	28	3	2	0	0	6	
Strawberry Frosted Donut	1 Donut	280	140	15	7	0	0	340	32	1	14	3	2	0	0	6	
Strawberry Frosted Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	35	1	15	3	2	0	0	6	
Strawberry Long John	1 Long John	340	150	17	7	0	0	310	43	1	18	5	0	0	2	10	
Strawberry Shortcake Donut	1 Donut	320	170	19	8	0	0	350	35	1	16	3	2	0	0	6	
Sugared Cake Donut	1 Donut	310	170	19	8	0	25	320	31	1	13	4	4	0	2	8	
Sugared Raised Donut	1 Donut	230	130	14	6	0	0	330	22	1	4	3	2	0	0	6	
Sugared Stick	1 Stick	380	220	25	11	0	30	370	34	1	14	4	0	0	2	8	
Taillight Donut	1 Donut	340	170	19	8	0	0	360	39	1	20	3	2	0	0	8	
Toasted Coconut Donut	1 Donut	420	210	24	13	0	25	330	47	2	27	4	4	0	2	8	
Vanilla Berry Shortcake Donut	1 Donut	350	170	19	8	0	0	360	43	1	24	3	2	0	0	6	
Vanilla Chocolate Donut	1 Donut	350	180	20	9	0	0	430	39	1	19	3	0	0	2	10	
Vanilla Creme Donut	1 Donut	330	180	20	8	0	0	350	35	1	17	3	2	0	0	6	
Vanilla Frosted Coffee Roll	1 Coffee Roll	400	170	19	8	0	0	430	52	2	19	7	0	0	2	10	
Vanilla Frosted Donut	1 Donut	280	130	15	7	0	0	340	32	1	14	3	2	0	0	6	
Vanilla Frosted Sprinkles Donut	1 Donut	290	140	16	7	0	0	340	35	1	15	3	2	0	0	6	
Vanilla Headlight Donut	1 Donut	340	170	19	8	0	0	360	39	1	20	3	2	0	0	8	
Vanilla Long John	1 Long John	340	150	17	7	0	0	310	43	1	18	5	0	0	2	10	
Vanilla Peanut Butter Flavored Creme Donut	1 Donut	360	170	19	8	0	0	360	44	1	26	3	2	0	0	6	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Cappuccino Large	20 fl oz	160	70	8	4.5	0	25	120	13	0	13	8	8	0	30	2
Cappuccino Medium	16 fl oz	120	50	6	3.5	0	20	90	10	0	10	6	6	0	20	0
Cappuccino Small	10 fl oz	80	35	4	2.5	0	15	70	7	0	7	4	2	0	10	0
Cappuccino with Sugar Large	20 fl oz	290	70	8	4.5	0	25	120	48	0	48	8	8	0	30	2
Cappuccino with Sugar Medium	16 fl oz	220	50	6	3.5	0	20	90	36	0	36	6	6	0	20	0
Cappuccino with Sugar Small	10 fl oz	140	35	4	2.5	0	15	70	24	0	24	4	2	0	10	0
Caramel Latte Lite Large - 56% fewer calories than our Large Caramel Swirl Latte made with Skim Milk	20 fl oz	150	0	0	0	0	5	170	25	0	21	12	15	0	45	2
Caramel Latte Lite Medium - 56% fewer calories than our Medium Caramel Swirl Latte made with Skim Milk	16 fl oz	110	0	0	0	0	5	125	18	0	15	9	10	0	35	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Caramel Latte Lite Small - 56% fewer calories than our Small Caramel Swirl Latte made with Skim Milk	10 fl oz	80	0	0	0	0	5	85	12	0	10	6	8	0	20	0
Caramel Latte with Milk Large	20 fl oz	460	110	12	7	0	40	200	73	0	72	14	15	0	50	2
Caramel Latte with Milk Medium	16 fl oz	350	80	9	5	0	30	150	55	0	54	11	10	0	40	0
Caramel Latte with Skim Milk Large	20 fl oz	360	5	0	0	0	10	200	73	0	72	15	15	0	60	2
Caramel Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	150	55	0	55	11	15	0	40	0
Caramel Latte with Skim Milk Small	10 fl oz	190	0	0	0	0	5	100	38	0	37	8	8	0	30	0
Caramel Mocha Latte with Milk Large	20 fl oz	450	110	12	8	0	55	230	70	1	67	14	10	4	40	0
Caramel Mocha Latte with Milk Medium	16 fl oz	330	80	9	6	0	40	170	52	1	50	11	8	2	30	0
Caramel Mocha Latte with Milk Small	10 fl oz	220	60	6	4	0	25	115	35	1	33	7	4	2	20	0
Caramel Mocha Latte with Skim Milk Large	20 fl oz	350	10	1	0.5	0	10	200	70	1	68	15	15	0	50	2
Caramel Mocha Latte with Skim Milk Medium	16 fl oz	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0
Caramel Mocha Latte with Skim Milk Small	10 fl oz	170	5	0	0	0	5	100	35	1	34	7	8	0	25	0
Espresso	1.75 fl oz	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Espresso with Sugar	1.75 fl oz	30	0	0	0	0	0	5	7	0	7	0	0	0	0	0
French Vanilla Swirl Hot Latte with Skim Milk Large	20 fl oz	350	5	0	0	0	10	230	71	0	69	15	15	0	50	2
French Vanilla Swirl Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0
French Vanilla Swirl Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	36	0	35	8	8	0	25	0
French Vanilla Swirl Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2
French Vanilla Swirl Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	53	0	52	11	10	0	40	0
French Vanilla Swirl Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0
French Vanilla Swirl Iced Latte with Skim Milk Large	32 fl oz	350	5	0	0	0	10	240	71	0	69	15	15	0	60	2
French Vanilla Swirl Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0
French Vanilla Swirl Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	36	0	35	8	8	0	30	0
French Vanilla Swirl Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
French Vanilla Swirl Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	53	0	52	11	10	0	40	0	
French Vanilla Swirl Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0	
Hazelnut Swirl Hot Latte with Skim Milk Large	20 fl oz	350	5	0	0	0	10	230	72	0	69	15	15	0	50	2	
Hazelnut Swirl Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	10	170	54	0	52	11	15	0	40	0	
Hazelnut Swirl Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	115	37	0	35	8	8	0	25	0	
Hazelnut Swirl Hot Latte with Whole Milk Large	20 fl oz	450	110	12	7	0	40	230	71	0	68	14	15	0	50	2	
Hazelnut Swirl Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	170	54	0	52	11	10	0	40	0	
Hazelnut Swirl Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	115	36	0	35	7	6	0	25	0	
Hazelnut Swirl Iced Latte with Skim Milk Large	32 fl oz	350	5	0	0	0	10	240	72	0	69	15	15	0	60	2	
Hazelnut Swirl Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	180	54	0	52	11	15	0	40	0	
Hazelnut Swirl Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	120	37	0	35	8	8	0	30	0	
Hazelnut Swirl Iced Latte with Whole Milk Large	32 fl oz	450	110	12	7	0	40	250	71	0	68	14	15	0	50	2	
Hazelnut Swirl Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	180	54	0	52	11	10	0	40	0	
Hazelnut Swirl Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	125	36	0	35	7	6	0	25	0	
Hot Latte with Almond Milk Large	20 fl oz	160	40	4.5	0	0	0	260	28	2	26	2	15	0	35	4	
Hot Latte with Almond Milk Medium	16 fl oz	120	30	3	0	0	0	190	21	1	20	1	10	0	25	2	
Hot Latte with Almond Milk Small	10 floz	80	20	2	0	0	0	130	14	1	13	1	8	0	15	2	
Iced Caramel Latte Lite Large - 56% fewer calories than our Large Iced Caramel Swirl Latte made with Skim Milk	32 fl oz	160	0	0	0	0	5	190	26	0	22	12	15	0	45	2	
Iced Caramel Latte Lite Medium - 56% fewer calories than our Medium Iced Caramel Swirl Latte made with Skim Milk	24 fl oz	120	0	0	0	0	5	140	19	0	16	9	10	0	35	0	
Iced Caramel Latte Lite Small - 56% fewer calories than our Small Iced Caramel Swirl Latte made with Skim Milk	16 floz	80	0	0	0	0	5	95	13	0	11	6	8	0	25	0	
Iced Caramel Latte with Milk Large	32 fl oz	460	110	12	7	0	40	220	73	0	72	14	15	0	50	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Iced Caramel Latte with Milk Medium	24 fl oz	350	80	9	5	0	30	160	55	0	54	11	10	0	40	0	
Iced Caramel Latte with Milk Small	16 fl oz	230	50	6	3.5	0	20	110	37	0	37	7	6	0	25	0	
Iced Caramel Latte with Skim Milk Large	32 fl oz	360	5	0	0	0	10	210	73	0	72	15	15	0	60	2	
Iced Caramel Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	10	160	55	0	55	11	15	0	45	0	
Iced Caramel Latte with Skim Milk Small	16 fl oz	190	0	0	0	0	5	110	38	0	37	8	8	0	30	0	
Iced Caramel Mocha Latte with Milk Large	32 fl oz	450	110	12	8	0	55	240	70	1	67	14	10	4	45	0	
Iced Caramel Mocha Latte with Milk Medium	24 fl oz	330	80	9	6	0	40	180	52	1	50	11	8	2	30	0	
Iced Caramel Mocha Latte with Milk Small	16 fl oz	220	60	6	4	0	25	120	35	1	33	7	4	2	20	0	
Iced Caramel Mocha Latte with Skim Milk Large	32 fl oz	350	10	1	0.5	0	10	210	70	1	68	15	15	0	50	2	
Iced Caramel Mocha Latte with Skim Milk Medium	24 fl oz	260	5	0.5	0	0	5	150	53	1	51	11	10	0	40	0	
Iced Caramel Mocha Latte with Skim Milk Small	16 fl oz	170	5	0	0	0	5	105	35	1	34	7	8	0	25	0	
Iced Latte Large	32 fl oz	230	110	12	7	0	35	190	19	0	19	12	10	0	45	2	
Iced Latte Lite Large - 33% fewer calories than our Large Iced Latte made with Whole Milk	32 fl oz	150	0	0	0	0	5	180	23	0	22	12	15	0	45	2	
Iced Latte Lite Medium - 33% fewer calories than our Medium Iced Latte with Whole Milk	24 fl oz	110	0	0	0	0	5	135	18	0	16	9	10	0	35	0	
Iced Latte Lite Small - 33% fewer calories than our Small Iced Latte with Whole Milk	16 fl oz	70	0	0	0	0	5	90	12	0	11	6	8	0	25	0	
Iced Latte Medium	24 fl oz	170	80	9	5	0	25	140	14	0	14	9	8	0	30	0	
Iced Latte Small	16 fl oz	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0	
Iced Latte with Almond Milk Large	32 fl oz	160	40	4.5	0	0	0	280	28	2	26	2	15	0	35	4	
Iced Latte with Almond Milk Medium	24 fl oz	120	30	3	0	0	0	210	21	1	20	1	10	0	25	2	
Iced Latte with Almond Milk Small	16 fl oz	80	20	2	0	0	0	140	14	1	13	1	8	0	15	2	
Iced Latte with Skim Milk Large	32 fl oz	140	5	0	0	0	10	190	20	0	20	13	15	0	50	2	
Iced Latte with Skim Milk Medium	24 fl oz	100	5	0	0	0	5	140	15	0	15	10	10	0	35	0	
Iced Latte with Skim Milk Small	16 fl oz	70	0	0	0	0	0	110	11	0	10	7	8	0	20	0	
Iced Latte with Skim Milk and Sugar Large	32 fl oz	270	5	0	0	0	10	190	55	0	55	13	15	0	50	2	
Iced Latte with Skim Milk and Sugar Medium	24 fl oz	200	5	0	0	0	5	140	41	0	41	10	10	0	35	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Espresso Beverages																
Iced Latte with Skim Milk and Sugar Small	16 fl oz	130	0	0	0	0	0	110	28	0	27	7	8	0	20	0
Iced Latte with Sugar Large	32 fl oz	370	110	12	7	0	35	190	54	0	54	12	10	0	45	2
Iced Latte with Sugar Medium	24 fl oz	280	80	9	5	0	25	140	40	0	40	9	8	0	30	2
Iced Latte with Sugar Small	16 fl oz	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0
Iced Mocha Latte with Milk Large	32 fl oz	460	120	13	7	0	35	220	72	2	67	13	10	0	45	2
Iced Mocha Latte with Milk Medium	24 fl oz	350	90	10	6	0	25	160	54	2	51	10	8	0	30	0
Iced Mocha Latte with Milk Small	16 fl oz	230	60	6	3.5	0	20	110	37	1	34	7	6	0	20	0
Iced Vanilla Flavored Latte Lite Large - 33% fewer calories than our Large Iced Vanilla Latte made with Whole Milk	32 fl oz	160	0	0	0	0	5	190	26	0	22	12	15	0	45	2
Iced Vanilla Flavored Latte Lite Medium - 33% fewer calories than our Medium Iced Vanilla Latte made with Whole Milk	24 fl oz	120	0	0	0	0	5	140	19	0	16	9	10	0	35	0
Iced Vanilla Flavored Latte Lite Small - 33% fewer calories than our Small Iced Vanilla Latte made with Whole Milk	16 fl oz	80	0	0	0	0	5	95	13	0	11	6	8	0	25	0
Latte Large	20 fl oz	230	110	12	7	0	35	170	19	0	19	12	10	0	40	2
Latte Lite Large - 33% fewer calories than our Large Latte made with Whole Milk	20 fl oz	140	0	0	0	0	5	170	23	0	21	12	15	0	45	2
Latte Lite Medium - 33% fewer calories than our Medium Latte made with Whole Milk	16 fl oz	110	0	0	0	0	5	125	17	0	15	9	10	0	35	0
Latte Lite Small - 33% fewer calories than our Small Latte made with Whole Milk	10 fl oz	70	0	0	0	0	5	85	11	0	10	6	8	0	20	0
Latte Medium	16 fl oz	170	80	9	5	0	25	130	14	0	14	9	8	0	30	0
Latte Small	10 fl oz	120	50	6	3.5	0	25	105	10	0	10	6	4	0	20	0
Latte with Skim Milk Large	20 fl oz	140	5	0	0	0	10	170	20	0	20	13	15	0	45	2
Latte with Skim Milk Medium	16 fl oz	100	5	0	0	0	5	130	15	0	15	10	10	0	35	0
Latte with Skim Milk Small	10 fl oz	70	0	0	0	0	5	85	10	0	10	6	8	0	25	0
Latte with Skim Milk and Sugar Large	20 fl oz	270	5	0	0	0	10	170	55	0	55	13	15	0	45	2
Latte with Skim Milk and Sugar Medium	16 fl oz	200	5	0	0	0	5	130	41	0	41	10	10	0	35	2
Latte with Skim Milk and Sugar Small	10 fl oz	140	0	0	0	0	5	85	28	0	28	6	8	0	25	0
Latte with Sugar Large	20 fl oz	370	110	12	7	0	35	170	54	0	54	12	10	0	40	2
Latte with Sugar Medium	16 fl oz	280	80	9	5	0	25	130	40	0	40	9	8	0	30	2
Latte with Sugar Small	10 fl oz	170	50	6	3.5	0	25	100	27	0	27	6	4	0	20	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Espresso Beverages																	
Mocha Iced Latte with Skim Milk Large	32 fl oz	360	10	1.5	1	0	5	210	73	2	67	14	15	0	45	2	
Mocha Iced Latte with Skim Milk Medium	24 fl oz	270	10	1	0.5	0	5	160	55	2	51	11	10	0	35	0	
Mocha Iced Latte with Skim Milk Small	16 fl oz	180	5	0.5	0	0	5	105	37	1	35	7	8	0	25	0	
Mocha Latte Large with Milk	20 fl oz	460	120	13	7	0	35	200	72	2	67	13	10	0	40	2	
Mocha Latte Medium with Milk	16 fl oz	350	90	10	6	0	25	150	54	2	51	10	8	0	30	0	
Mocha Latte Medium with Milk	16 fl oz	350	90	10	6	0	25	150	54	2	51	10	8	0	30	0	
Mocha Latte Small	10 fl oz	220	60	6	4	0	25	115	35	1	32	7	4	0	20	0	
Mocha Latte Small with Milk	10 fl oz	230	60	6	3.5	0	20	100	37	1	34	7	6	0	20	0	
Mocha Latte Small with Milk	10 fl oz	230	60	6	3.5	0	20	100	37	1	34	7	6	0	20	0	
Mocha Latte with Skim Milk Large	20 fl oz	360	10	1.5	1	0	5	200	73	2	67	14	15	0	45	2	
Mocha Latte with Skim Milk Large	20 fl oz	360	10	1.5	1	0	5	200	73	2	67	14	15	0	45	2	
Mocha Latte with Skim Milk Medium	16 fl oz	270	10	1	0.5	0	5	150	55	2	51	11	10	0	35	0	
Mocha Latte with Skim Milk Medium	16 fl oz	270	10	1	0.5	0	5	150	55	2	51	11	10	0	35	0	
Mocha Latte with Skim Milk Small	10 fl oz	180	5	0.5	0	0	5	100	37	1	35	7	8	0	20	0	
Mocha Latte with Skim Milk Small	10 fl oz	180	5	0.5	0	0	5	100	37	1	35	7	8	0	20	0	
Turbo Shot	4 fl oz	10	0	0	0	0	0	15	2	0	0	0	0	0	0	0	
Turbo Shot	3.5 fl oz	10	0	0	0	0	0	15	2	0	0	0	0	0	0	0	
Turbo Shot	2.5 fl oz	5	0	0	0	0	0	10	1	0	0	0	0	0	0	0	
Turbo Shot	1.75 fl oz	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0	
Vanilla Flavored Latte Lite Large - 33% fewer calories than our Large Vanilla Latte made with Whole Milk	20 fl oz	150	0	0	0	0	5	170	25	0	21	12	15	0	45	2	
Vanilla Flavored Latte Lite Medium - 33% fewer calories than our Medium Vanilla Latte made with Whole Milk	16 fl oz	110	0	0	0	0	5	125	18	0	15	9	10	0	35	0	
Vanilla Flavored Latte Lite Small - 33% fewer calories than our Small Vanilla Latte made with Whole Milk	10 fl oz	70	0	0	0	0	5	85	12	0	10	6	8	0	20	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Almond Joy Swirl Coffee Coolatta with Cream Large	32 fl oz	950	420	47	29	1.5	160	190	134	0	129	9	35	4	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Frozen Coffee Coolatta																
Frozen Almond Joy Swirl Coffee Coolatta with Cream Medium	24 fl oz	720	310	35	22	1	120	150	100	0	97	6	25	2	25	2
Frozen Almond Joy Swirl Coffee Coolatta with Cream Small	16 fl oz	480	210	23	15	0.5	80	95	67	0	65	4	15	2	15	2
Frozen Almond Joy Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	570	5	0	0	0	10	200	137	0	132	10	10	0	40	2
Frozen Almond Joy Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	430	0	0	0	0	5	150	103	0	99	8	8	0	30	2
Frozen Almond Joy Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	280	0	0	0	0	5	100	68	0	66	5	6	0	20	2
Frozen Almond Joy Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	630	70	8	4.5	0	30	200	136	0	132	10	10	0	35	2
Frozen Almond Joy Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	480	50	6	3.5	0	20	150	102	0	99	7	6	0	25	2
Frozen Almond Joy Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	320	35	4	2.5	0	15	100	68	0	66	5	4	0	20	2
Frozen Butter Pecan Swirl Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	0	160	400	140	0	128	10	30	4	40	0
Frozen Butter Pecan Swirl Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	0	120	300	105	0	96	7	25	4	30	0
Frozen Butter Pecan Swirl Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0	80	200	70	0	64	5	15	2	20	0
Frozen Butter Pecan Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	5	410	144	0	139	11	10	2	45	0
Frozen Butter Pecan Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	310	108	0	105	9	8	2	35	0
Frozen Butter Pecan Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	200	72	0	70	6	6	0	20	0
Frozen Butter Pecan Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	25	410	143	0	139	11	8	2	40	0
Frozen Butter Pecan Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	310	107	0	104	8	6	2	30	0
Frozen Butter Pecan Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	210	72	0	69	5	4	0	20	0
Frozen Caramel Coffee Coolatta with Cream Large	32 fl oz	990	420	47	29	1.5	165	180	141	0	138	9	35	4	35	0
Frozen Caramel Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	125	130	106	0	104	7	25	2	25	0
Frozen Caramel Coffee Coolatta with Cream Small	16 fl oz	490	210	23	15	0.5	80	90	71	0	69	5	15	2	15	0
Frozen Caramel Coffee Coolatta with Milk Large	32 fl oz	670	70	8	4.5	0	30	180	144	0	141	10	10	0	40	0
Frozen Caramel Coffee Coolatta with Milk Medium	24 fl oz	500	50	6	3.5	0	20	140	108	0	106	8	8	0	30	0
Frozen Caramel Coffee Coolatta with Milk Small	16 fl oz	330	35	4	2.5	0	15	90	72	0	71	5	4	0	20	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Caramel Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	180	145	0	141	11	10	0	40	0	
Frozen Caramel Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	135	108	0	106	8	8	0	30	0	
Frozen Caramel Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	90	72	0	71	5	6	0	20	0	
Frozen Coffee Coolatta with Cream Large	32 fl oz	800	420	47	29	1.5	160	150	97	0	86	7	30	4	25	0	
Frozen Coffee Coolatta with Cream Medium	24 fl oz	600	310	35	22	1	120	110	73	0	65	5	25	2	20	0	
Frozen Coffee Coolatta with Cream Small	16 fl oz	400	210	23	15	0.5	80	75	49	0	43	3	15	2	10	0	
Frozen Coffee Coolatta with Milk Large	32 fl oz	480	70	8	4.5	0	25	160	100	0	98	8	8	0	30	0	
Frozen Coffee Coolatta with Milk Medium	24 fl oz	360	50	6	3.5	0	20	120	75	0	73	6	6	0	20	0	
Frozen Coffee Coolatta with Milk Small	16 fl oz	240	35	4	2.5	0	10	80	50	0	49	4	4	0	15	0	
Frozen Coffee Coolatta with Skim Milk Large	32 fl oz	410	0	0	0	0	5	160	101	0	98	8	10	0	30	0	
Frozen Coffee Coolatta with Skim Milk Medium	24 fl oz	310	0	0	0	0	5	115	75	0	74	6	8	0	25	0	
Frozen Coffee Coolatta with Skim Milk Small	16 fl oz	210	0	0	0	0	0	80	50	0	49	4	4	0	15	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Large	32 fl oz	990	420	46	29	1.5	165	200	141	0	128	9	35	4	35	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	96	7	25	2	25	0	
Frozen French Vanilla Swirl Coffee Coolatta with Cream Small	16 fl oz	490	210	23	14	0.5	80	100	70	0	64	5	15	2	15	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	210	144	0	140	11	10	0	40	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	108	0	105	8	8	0	30	0	
Frozen French Vanilla Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	72	0	70	5	6	0	20	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	144	0	139	10	10	0	35	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	104	8	8	0	30	0	
Frozen French Vanilla Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0	
Frozen Hazelnut Swirl Coffee Coolatta with Cream Large	32 fl oz	990	420	46	29	1.5	165	200	141	0	128	9	35	4	35	0	
Frozen Hazelnut Swirl Coffee Coolatta with Cream Medium	24 fl oz	740	310	35	22	1	120	150	106	0	96	7	25	2	25	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Frozen Coffee Coolatta																
Frozen Hazelnut Swirl Coffee Coolatta with Cream Small	16 fl oz	490	210	23	14	0.5	80	100	71	0	64	5	15	2	15	0
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	600	0	0	0	0	10	210	145	0	140	11	10	0	40	0
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	450	0	0	0	0	5	160	108	0	105	8	8	0	30	0
Frozen Hazelnut Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	300	0	0	0	0	5	105	72	0	70	5	6	0	20	0
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	670	70	8	4.5	0	30	210	144	0	139	10	10	0	35	0
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	500	50	6	3.5	0	20	160	108	0	104	8	8	0	30	0
Frozen Hazelnut Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	330	35	4	2.5	0	15	105	72	0	70	5	4	0	20	0
Frozen Heath Bar Swirl Coffee Coolatta with Cream Large	32 fl oz	950	420	47	29	1.5	160	200	132	0	128	8	30	4	30	2
Frozen Heath Bar Swirl Coffee Coolatta with Cream Medium	24 fl oz	710	310	35	22	1	120	150	99	0	96	6	25	2	25	2
Frozen Heath Bar Swirl Coffee Coolatta with Cream Small	16 fl oz	480	210	23	15	0.5	80	100	66	0	64	4	15	2	15	2
Frozen Heath Bar Swirl Coffee Coolatta with Skim Milk Large	32 fl oz	560	5	0	0	0	5	200	136	0	131	10	10	0	35	2
Frozen Heath Bar Swirl Coffee Coolatta with Skim Milk Medium	24 fl oz	420	0	0	0	0	5	150	102	0	98	8	8	0	30	2
Frozen Heath Bar Swirl Coffee Coolatta with Skim Milk Small	16 fl oz	280	0	0	0	0	5	100	68	0	66	5	6	0	20	2
Frozen Heath Bar Swirl Coffee Coolatta with Whole Milk Large	32 fl oz	630	70	8	4.5	0	25	200	135	0	131	9	8	0	35	2
Frozen Heath Bar Swirl Coffee Coolatta with Whole Milk Medium	24 fl oz	470	50	6	3.5	0	20	150	101	0	98	7	6	0	25	2
Frozen Heath Bar Swirl Coffee Coolatta with Whole Milk Small	16 fl oz	320	35	4	2.5	0	15	100	68	0	65	5	4	0	15	2
Frozen Mocha Coffee Coolatta with Cream Large	32 fl oz	990	430	47	29	1.5	160	170	141	2	133	8	30	4	25	0
Frozen Mocha Coffee Coolatta with Cream Medium	24 fl oz	740	320	36	22	1	120	130	105	2	100	6	25	2	20	0
Frozen Mocha Coffee Coolatta with Cream Small	16 fl oz	490	210	24	15	0.5	80	85	70	1	67	4	15	2	10	0
Frozen Mocha Coffee Coolatta with Milk Large	32 fl oz	670	80	9	5	0	25	180	143	2	136	10	8	0	30	0
Frozen Mocha Coffee Coolatta with Milk Medium	24 fl oz	500	60	7	4	0	20	135	108	2	102	7	6	0	20	0
Frozen Mocha Coffee Coolatta with Milk Small	16 fl oz	330	40	4.5	2.5	0	10	90	72	1	68	5	4	0	15	0
Frozen Mocha Coffee Coolatta with Skim Milk Large	32 fl oz	600	10	1	0.5	0	5	180	144	2	137	10	10	0	30	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Frozen Coffee Coolatta																	
Frozen Mocha Coffee Coolatta with Skim Milk Medium	24 fl oz	450	5	0.5	0	0	5	135	108	2	103	8	8	0	25	0	
Frozen Mocha Coffee Coolatta with Skim Milk Small	16 fl oz	300	5	0	0	0	0	90	72	1	68	5	4	0	15	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Almond Joy Swirl Hot Coffee Large	20 fl oz	190	0	0	0	0	5	60	46	0	41	3	2	0	6	2	
Almond Joy Swirl Hot Coffee Medium	14 fl oz	150	0	0	0	0	0	45	34	0	31	2	0	0	4	2	
Almond Joy Swirl Hot Coffee Small	10 fl oz	100	0	0	0	0	0	30	23	0	21	1	0	0	4	2	
Almond Joy Swirl Hot Coffee XLarge	24 fl oz	240	0	0	0	0	5	75	57	0	52	4	2	0	8	2	
Almond Joy Swirl Hot Coffee with Cream Large	20 fl oz	310	110	12	7	0	45	85	48	0	44	4	10	0	10	2	
Almond Joy Swirl Hot Coffee with Cream Medium	14 fl oz	230	80	9	5	0	30	65	36	0	33	3	6	0	10	2	
Almond Joy Swirl Hot Coffee with Cream Small	10 fl oz	160	50	6	3.5	0	20	40	24	0	22	2	4	0	6	2	
Almond Joy Swirl Hot Coffee with Cream XLarge	24 fl oz	390	130	15	9	0	55	105	59	0	55	6	10	2	15	4	
Butter Pecan Swirl Hot Coffee Large	20 fl oz	230	0	0	0	0	0	270	52	0	48	4	0	2	15	0	
Butter Pecan Swirl Hot Coffee Medium	14 fl oz	170	0	0	0	0	0	200	39	0	36	3	0	2	10	0	
Butter Pecan Swirl Hot Coffee Small	10 fl oz	110	0	0	0	0	0	135	26	0	24	2	0	0	6	0	
Butter Pecan Swirl Hot Coffee XLarge	24 fl oz	280	0	0	0	0	0	340	65	0	60	5	0	2	15	0	
Butter Pecan Swirl Hot Coffee with Cream Large	20 fl oz	340	110	12	7	0	40	290	54	0	48	5	8	2	20	0	
Butter Pecan Swirl Hot Coffee with Cream Medium	14 fl oz	260	80	9	5	0	30	220	41	0	36	4	6	2	15	0	
Butter Pecan Swirl Hot Coffee with Cream Small	10 fl oz	170	50	6	3.5	0	20	150	27	0	24	3	4	2	10	0	
Butter Pecan Swirl Hot Coffee with Cream XLarge	24 fl oz	430	130	15	9	0	50	370	68	0	60	7	10	4	25	0	
Heath Bar Swirl Hot Coffee Large	20 fl oz	190	0	0	0	0	0	65	44	0	40	3	0	0	6	2	
Heath Bar Swirl Hot Coffee Medium	14 fl oz	140	0	0	0	0	0	50	33	0	30	2	0	0	4	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Coffee																	
Heath Bar Swirl Hot Coffee Small	10 fl oz	100	0	0	0	0	0	30	22	0	20	1	0	0	2	2	
Heath Bar Swirl Hot Coffee XLarge	24 fl oz	240	0	0	0	0	0	80	55	0	50	3	0	0	6	2	
Heath Bar Swirl Hot Coffee with Cream Large	20 fl oz	310	110	12	7	0	40	85	46	0	42	4	8	2	10	2	
Heath Bar Swirl Hot Coffee with Cream Medium	14 fl oz	230	80	9	5	0	30	65	35	0	32	3	6	0	8	2	
Heath Bar Swirl Hot Coffee with Cream Small	10 fl oz	150	50	6	3.5	0	20	45	23	0	21	2	4	0	6	2	
Heath Bar Swirl Hot Coffee with Cream XLarge	24 fl oz	380	130	15	9	0	50	110	58	0	53	5	10	2	15	4	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Latte																	
Almond Joy Swirl Hot Latte with Skim Milk Large	20 fl oz	330	5	0.5	0	0	10	220	66	0	62	15	15	0	50	4	
Almond Joy Swirl Hot Latte with Skim Milk Medium	16 fl oz	250	5	0	0	0	10	160	50	0	47	11	10	0	40	2	
Almond Joy Swirl Hot Latte with Skim Milk Small	10 fl oz	170	5	0	0	0	5	110	34	0	32	7	8	0	25	2	
Almond Joy Swirl Hot Latte with Whole Milk Large	20 fl oz	420	110	12	7	0	40	220	65	0	61	14	15	0	50	4	
Almond Joy Swirl Hot Latte with Whole Milk Medium	16 fl oz	320	80	9	5	0	30	170	49	0	46	10	10	0	35	2	
Almond Joy Swirl Hot Latte with Whole Milk Small	10 fl oz	220	60	6	3.5	0	20	110	34	0	31	7	6	0	25	2	
Butter Pecan Swirl Hot Latte with Skim Milk Large	20 fl oz	360	5	0.5	0	0	10	430	72	0	70	16	15	2	60	2	
Butter Pecan Swirl Hot Latte with Skim Milk Medium	16 fl oz	270	5	0	0	0	5	320	55	0	53	12	10	2	45	2	
Butter Pecan Swirl Hot Latte with Skim Milk Small	10 fl oz	180	0	0	0	0	5	210	37	0	36	8	8	2	30	0	
Butter Pecan Swirl Hot Latte with Whole Milk Large	20 fl oz	460	110	12	7	0	40	430	72	0	69	15	10	2	60	2	
Butter Pecan Swirl Hot Latte with Whole Milk Medium	16 fl oz	340	80	9	5	0	30	320	54	0	53	11	10	2	40	2	
Butter Pecan Swirl Hot Latte with Whole Milk Small	10 fl oz	230	50	6	3.5	0	20	220	37	0	36	7	6	2	30	0	
Heath Bar Swirl Hot Latte with Skim Milk Large	20 fl oz	320	5	0.5	0	0	10	220	64	0	60	14	15	0	50	4	
Heath Bar Swirl Hot Latte with Skim Milk Medium	16 fl oz	240	5	0	0	0	5	160	49	0	46	11	10	0	40	2	

Hot Latte	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Heath Bar Swirl Hot Latte with Skim Milk Small	10 fl oz	170	5	0	0	0	5	110	33	0	31	7	8	0	25	2
Heath Bar Swirl Hot Latte with Whole Milk Large	20 fl oz	420	110	12	7	0	40	220	64	0	60	14	10	0	45	4
Heath Bar Swirl Hot Latte with Whole Milk Medium	16 fl oz	320	80	9	5	0	30	170	48	0	45	10	10	0	35	2
Heath Bar Swirl Hot Latte with Whole Milk Small	10 fl oz	220	60	6	3.5	0	20	110	33	0	31	7	6	0	25	2

Hot Macchiato	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Almond Joy Swirl Hot Macchiato with Skim Milk Large	20 fl oz	280	5	0.5	0	0	10	170	58	0	54	11	10	0	35	4
Almond Joy Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	210	5	0	0	0	5	130	44	0	40	8	8	0	25	2
Almond Joy Swirl Hot Macchiato with Skim Milk Small	10 fl oz	140	5	0	0	0	5	90	30	0	27	5	6	0	20	2
Almond Joy Swirl Hot Macchiato with Whole Milk Large	20 fl oz	350	70	8	5	0	30	170	58	0	53	10	10	0	35	4
Almond Joy Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	250	60	6	3.5	0	20	130	41	0	38	7	6	0	25	2
Almond Joy Swirl Hot Macchiato with Whole Milk Small	10 fl oz	180	40	4	2.5	0	15	90	29	0	27	5	4	0	15	2
Butter Pecan Swirl Hot Macchiato with Skim Milk Large	20 fl oz	360	5	0.5	0	0	10	430	72	0	70	16	15	2	60	2
Butter Pecan Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	270	5	0	0	0	5	320	55	0	53	12	10	2	45	2
Butter Pecan Swirl Hot Macchiato with Skim Milk Small	10 fl oz	180	0	0	0	0	5	210	37	0	36	8	8	2	30	0
Butter Pecan Swirl Hot Macchiato with Whole Milk Large	20 fl oz	380	70	8	4.5	0	25	380	64	0	60	11	8	2	40	2
Butter Pecan Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	280	60	6	3.5	0	20	290	48	0	45	8	6	2	30	2
Butter Pecan Swirl Hot Macchiato with Whole Milk Small	10 fl oz	190	40	4	2.5	0	15	190	33	0	30	6	4	2	20	2
Caramel Swirl Macchiato with Skim Milk Large	20 fl oz	310	5	0	0	0	10	150	66	0	65	11	10	0	40	2
Caramel Swirl Macchiato with Skim Milk Medium	16 fl oz	240	5	0	0	0	5	115	49	0	49	8	8	0	30	2
Caramel Swirl Macchiato with Skim Milk Small	10 fl oz	160	0	0	0	0	5	80	33	0	33	6	6	0	20	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Macchiato																	
Caramel Swirl Macchiato with Whole Milk Large	20 fl oz	380	70	8	4.5	0	30	160	65	0	64	10	10	0	40	2	
Caramel Swirl Macchiato with Whole Milk Medium	16 fl oz	290	60	6	3.5	0	20	120	49	0	49	8	8	0	30	2	
Caramel Swirl Macchiato with Whole Milk Small	10 fl oz	190	35	4	2.5	0	15	80	33	0	33	5	4	0	20	0	
French Vanilla Swirl Hot Macchiato with Skim Milk Large	20 fl oz	310	5	0	0	0	10	180	66	0	61	11	10	0	40	2	
French Vanilla Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	240	5	0	0	0	5	135	49	0	46	8	8	0	30	2	
French Vanilla Swirl Hot Macchiato with Skim Milk Small	10 fl oz	160	0	0	0	0	5	95	33	0	30	6	6	0	20	0	
French Vanilla Swirl Hot Macchiato with Whole Milk Large	20 fl oz	380	70	8	4.5	0	30	180	65	0	60	10	10	0	35	2	
French Vanilla Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	280	60	6	3.5	0	20	140	49	0	45	8	8	0	25	2	
French Vanilla Swirl Hot Macchiato with Whole Milk Small	10 fl oz	190	35	4	2.5	0	15	95	33	0	30	5	4	0	20	0	
Hazelnut Swirl Hot Macchiato with Skim Milk Large	20 fl oz	310	5	0	0	0	10	180	66	0	61	11	10	0	40	2	
Hazelnut Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	240	5	0	0	0	5	135	50	0	46	8	8	0	30	2	
Hazelnut Swirl Hot Macchiato with Skim Milk Small	10 fl oz	160	0	0	0	0	5	95	33	0	30	6	6	0	20	0	
Hazelnut Swirl Hot Macchiato with Whole Milk Large	20 fl oz	380	70	8	4.5	0	30	180	65	0	60	10	10	0	35	2	
Hazelnut Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	290	60	6	3.5	0	20	140	49	0	45	8	8	0	25	2	
Hazelnut Swirl Hot Macchiato with Whole Milk Small	10 fl oz	190	35	4	2.5	0	15	95	33	0	30	5	4	0	20	0	
Heath Bar Swirl Hot Macchiato with Skim Milk Large	20 fl oz	280	5	0.5	0	0	5	170	57	0	52	10	10	0	35	4	
Heath Bar Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	210	5	0	0	0	5	130	43	0	39	8	8	0	25	2	
Heath Bar Swirl Hot Macchiato with Skim Milk Small	10 fl oz	140	5	0	0	0	5	90	29	0	26	5	6	0	20	2	
Heath Bar Swirl Hot Macchiato with Whole Milk Large	20 fl oz	340	70	8	5	0	25	180	56	0	52	10	8	0	35	4	
Heath Bar Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	250	60	6	3.5	0	20	130	41	0	37	7	6	0	25	2	
Heath Bar Swirl Hot Macchiato with Whole Milk Small	10 fl oz	170	40	4	2.5	0	15	90	29	0	26	5	4	0	15	2	
Hot Macchiato with Skim Milk Large	20 fl oz	100	5	0	0	0	5	125	14	0	14	8	10	0	30	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Macchiato																	
Hot Macchiato with Skim Milk Medium	16 fl oz	70	5	0	0	0	5	95	11	0	11	6	8	0	25	2	
Hot Macchiato with Skim Milk Small	10 fl oz	50	0	0	0	0	0	65	8	0	8	4	4	0	15	0	
Hot Macchiato with Whole Milk Large	20 fl oz	160	70	8	4.5	0	25	125	14	0	14	8	8	0	30	2	
Hot Macchiato with Whole Milk Medium	16 fl oz	120	60	6	3.5	0	20	95	11	0	11	6	6	0	20	2	
Hot Macchiato with Whole Milk Small	10 fl oz	80	35	4	2.5	0	10	65	7	0	7	4	4	0	15	0	
Mocha Swirl Hot Macchiato with Skim Milk Large	20 fl oz	310	10	1	0.5	0	5	150	65	2	58	10	10	0	30	2	
Mocha Swirl Hot Macchiato with Skim Milk Medium	16 fl oz	240	10	1	0.5	0	5	115	49	2	43	8	8	0	25	2	
Mocha Swirl Hot Macchiato with Skim Milk Small	10 fl oz	160	5	0.5	0	0	0	80	33	1	29	5	4	0	15	0	
Mocha Swirl Hot Macchiato with Whole Milk Large	20 fl oz	380	80	9	5	0	25	150	65	2	58	10	8	0	30	2	
Mocha Swirl Hot Macchiato with Whole Milk Medium	16 fl oz	280	60	7	4	0	20	115	49	2	43	7	6	0	20	2	
Mocha Swirl Hot Macchiato with Whole Milk Small	10 fl oz	190	40	4.5	2.5	0	10	80	33	1	29	5	4	0	15	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Hot Tea																	
Black Tea Large	20 fl oz	0	0	0	0	0	0	20	0	0	0	0	0	0	2	0	
Black Tea Medium	14 fl oz	0	0	0	0	0	0	10	0	0	0	0	0	0	2	0	
Black Tea Small	10 fl oz	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	
Black Tea XLarge	24 fl oz	0	0	0	0	0	0	20	0	0	0	0	0	0	2	0	
Black Tea with Cream Large	20 fl oz	110	100	11	7	0	40	40	2	0	0	2	8	0	8	0	
Black Tea with Cream Medium	14 fl oz	90	80	9	5	0	30	30	2	0	0	1	6	0	6	0	
Black Tea with Cream Small	10 fl oz	60	50	6	3.5	0	20	20	1	0	0	1	4	0	4	0	
Black Tea with Cream XLarge	24 fl oz	140	130	14	9	0	50	50	3	0	0	2	10	0	8	0	
Black Tea with Cream and Sugar Large	20 fl oz	250	100	11	7	0	40	40	37	0	35	2	8	0	8	0	
Black Tea with Cream and Sugar Medium	14 fl oz	190	80	9	5	0	30	30	28	0	26	1	6	0	6	0	
Black Tea with Cream and Sugar Small	10 fl oz	120	50	6	3.5	0	20	20	18	0	17	1	4	0	4	0	
Black Tea with Cream and Sugar XLarge	24 fl oz	310	130	14	9	0	50	50	46	0	44	2	10	0	10	0	

Hot Tea	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Black Tea with Milk Large	20 fl oz	35	20	2	1	0	5	40	3	0	3	2	2	0	8	0
Black Tea with Milk Medium	14 fl oz	30	15	1.5	1	0	5	30	2	0	2	1	2	0	6	0
Black Tea with Milk Small	10 fl oz	20	10	1	0.5	0	5	20	1	0	1	1	0	0	4	0
Black Tea with Milk XLarge	24 fl oz	45	20	2.5	1.5	0	10	50	4	0	4	2	2	0	10	0
Black Tea with Milk and Sugar Large	20 fl oz	170	20	2	1	0	5	45	38	0	38	2	2	0	8	0
Black Tea with Milk and Sugar Medium	14 fl oz	130	15	1.5	1	0	5	30	28	0	28	1	2	0	6	0
Black Tea with Milk and Sugar Small	10 fl oz	80	10	1	0.5	0	5	20	19	0	19	1	0	0	4	0
Black Tea with Milk and Sugar XLarge	24 fl oz	220	20	2.5	1.5	0	10	50	47	0	47	2	2	0	10	0
Black Tea with Skim Milk Large	20 fl oz	20	0	0	0	0	0	40	3	0	3	2	2	0	10	0
Black Tea with Skim Milk Medium	14 fl oz	15	0	0	0	0	0	30	2	0	2	2	2	0	6	0
Black Tea with Skim Milk Small	10 fl oz	10	0	0	0	0	0	20	2	0	2	1	0	0	4	0
Black Tea with Skim Milk XLarge	24 fl oz	25	0	0	0	0	0	50	4	0	4	3	4	0	10	0
Black Tea with Skim Milk and Sugar Large	20 fl oz	160	0	0	0	0	0	45	38	0	38	2	2	0	10	0
Black Tea with Skim Milk and Sugar Medium	14 fl oz	120	0	0	0	0	0	30	28	0	28	2	2	0	6	0
Black Tea with Skim Milk and Sugar Small	10 fl oz	70	0	0	0	0	0	20	19	0	19	1	0	0	4	0
Black Tea with Skim Milk and Sugar XLarge	24 fl oz	200	0	0	0	0	0	55	47	0	47	3	4	0	10	0
Black Tea with Sugar Large	20 fl oz	130	0	0	0	0	0	20	35	0	35	0	0	0	2	0
Black Tea with Sugar Medium	14 fl oz	100	0	0	0	0	0	15	26	0	26	0	0	0	2	0
Black Tea with Sugar Small	10 fl oz	60	0	0	0	0	0	5	17	0	17	0	0	0	0	0
Black Tea with Sugar XLarge	24 fl oz	170	0	0	0	0	0	20	44	0	43	0	0	0	2	0
Decaffeinated Tea Large	20 fl oz	0	0	0	0	0	0	20	0	0	0	0	0	0	2	0
Decaffeinated Tea Medium	14 fl oz	0	0	0	0	0	0	10	0	0	0	0	0	0	2	0
Decaffeinated Tea Small	10 fl oz	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Decaffeinated Tea XLarge	24 fl oz	0	0	0	0	0	0	20	0	0	0	0	0	0	2	0
Decaffeinated Tea with Cream Large	20 fl oz	110	100	11	7	0	40	40	2	0	0	2	8	0	8	0
Decaffeinated Tea with Cream Medium	14 fl oz	90	80	9	5	0	30	30	2	0	0	1	6	0	6	0
Decaffeinated Tea with Cream Small	10 fl oz	60	50	6	3.5	0	20	20	1	0	0	1	4	0	4	0
Decaffeinated Tea with Cream XLarge	24 fl oz	140	130	14	9	0	50	50	3	0	0	2	10	0	8	0
Decaffeinated Tea with Cream and Sugar Large	20 fl oz	250	100	11	7	0	40	40	37	0	35	2	8	0	8	0
Decaffeinated Tea with Cream and Sugar Medium	14 fl oz	190	80	9	5	0	30	30	28	0	26	1	6	0	6	0

Hot Tea	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Green Tea with Cream Large	20 fl oz	110	100	11	7	0	40	40	2	0	0	2	8	0	8	0
Green Tea with Cream Medium	14 fl oz	90	80	9	5	0	30	30	2	0	0	1	6	0	6	0
Green Tea with Cream Small	10 fl oz	60	50	6	3.5	0	20	20	1	0	0	1	4	0	4	0
Green Tea with Cream XLarge	24 fl oz	140	130	14	9	0	50	50	3	0	0	2	10	0	8	0
Green Tea with Cream and Sugar Large	20 fl oz	250	100	11	7	0	40	40	37	0	35	2	8	0	8	0
Green Tea with Cream and Sugar Medium	14 fl oz	190	80	9	5	0	30	30	28	0	26	1	6	0	6	0
Green Tea with Cream and Sugar Small	10 fl oz	120	50	6	3.5	0	20	20	18	0	17	1	4	0	4	0
Green Tea with Cream and Sugar XLarge	24 fl oz	310	130	14	9	0	50	50	46	0	44	2	10	0	10	0
Green Tea with Milk Large	20 fl oz	35	20	2	1	0	5	40	3	0	3	2	2	0	8	0
Green Tea with Milk Medium	14 fl oz	30	15	1.5	1	0	5	30	2	0	2	1	2	0	6	0
Green Tea with Milk Small	10 fl oz	20	10	1	0.5	0	5	20	1	0	1	1	0	0	4	0
Green Tea with Milk XLarge	24 fl oz	45	20	2.5	1.5	0	10	50	4	0	4	2	2	0	10	0
Green Tea with Milk and Sugar Large	20 fl oz	170	20	2	1	0	5	45	38	0	38	2	2	0	8	0
Green Tea with Milk and Sugar Medium	14 fl oz	130	15	1.5	1	0	5	30	28	0	28	1	2	0	6	0
Green Tea with Milk and Sugar Small	10 fl oz	80	10	1	0.5	0	5	20	19	0	19	1	0	0	4	0
Green Tea with Milk and Sugar XLarge	24 fl oz	220	20	2.5	1.5	0	10	50	47	0	47	2	2	0	10	0
Green Tea with Skim Milk Large	20 fl oz	20	0	0	0	0	0	40	3	0	3	2	2	0	10	0
Green Tea with Skim Milk Medium	14 fl oz	15	0	0	0	0	0	30	2	0	2	2	2	0	6	0
Green Tea with Skim Milk Small	10 fl oz	10	0	0	0	0	0	20	2	0	2	1	0	0	4	0
Green Tea with Skim Milk XLarge	24 fl oz	25	0	0	0	0	0	50	4	0	4	3	4	0	10	0
Green Tea with Skim Milk and Sugar Large	20 fl oz	160	0	0	0	0	0	45	38	0	38	2	2	0	10	0
Green Tea with Skim Milk and Sugar Medium	14 fl oz	120	0	0	0	0	0	30	28	0	28	2	2	0	6	0
Green Tea with Skim Milk and Sugar Small	10 fl oz	70	0	0	0	0	0	20	19	0	19	1	0	0	4	0
Green Tea with Skim Milk and Sugar XLarge	24 fl oz	200	0	0	0	0	0	55	47	0	47	3	4	0	10	0
Green Tea with Sugar Large	20 fl oz	130	0	0	0	0	0	20	35	0	35	0	0	0	2	0
Green Tea with Sugar Medium	14 fl oz	100	0	0	0	0	0	15	26	0	26	0	0	0	2	0
Green Tea with Sugar Small	10 fl oz	70	0	0	0	0	0	10	17	0	17	0	0	0	0	0
Green Tea with Sugar XLarge	24 fl oz	170	0	0	0	0	0	20	44	0	43	0	0	0	2	0

Iced Coffee	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Almond Joy Swirl Iced Coffee Large	32 fl oz	200	0	0	0	0	5	65	47	0	41	3	2	0	8	2
Almond Joy Swirl Iced Coffee Medium	24 fl oz	150	0	0	0	0	0	50	35	0	31	3	0	0	6	2
Almond Joy Swirl Iced Coffee Small	16 fl oz	100	0	0	0	0	0	35	24	0	21	2	0	0	4	2
Almond Joy Swirl Iced Coffee with Cream Large	32 fl oz	320	110	12	7	0	45	90	49	0	44	5	10	0	15	2
Almond Joy Swirl Iced Coffee with Cream Medium	24 fl oz	240	80	9	5	0	30	65	37	0	33	4	6	0	10	2
Almond Joy Swirl Iced Coffee with Cream Small	16 fl oz	160	50	6	3.5	0	20	45	25	0	22	3	4	0	6	2
Butter Pecan Swirl Iced Coffee Large	32 fl oz	230	0	0	0	0	0	270	54	0	48	4	0	2	15	0
Butter Pecan Swirl Iced Coffee Medium	24 fl oz	180	0	0	0	0	0	210	40	0	36	3	0	2	10	0
Butter Pecan Swirl Iced Coffee Small	16 fl oz	120	0	0	0	0	0	140	27	0	24	2	0	0	8	0
Butter Pecan Swirl Iced Coffee with Cream Large	32 fl oz	350	110	12	7	0	40	300	56	0	48	6	8	2	20	0
Butter Pecan Swirl Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	30	220	42	0	36	4	6	2	15	0
Butter Pecan Swirl Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	150	28	0	24	3	4	2	10	0
Caramel Iced Coffee Large	32 fl oz	230	0	0	0	0	5	100	52	0	49	5	0	2	15	2
Caramel Iced Coffee Medium	24 fl oz	170	0	0	0	0	0	75	39	0	37	4	0	0	15	2
Caramel Iced Coffee Small	16 fl oz	110	0	0	0	0	0	50	26	0	24	2	0	0	8	2
Caramel Iced Coffee with Cream Large	32 fl oz	340	110	12	7	0	45	125	54	0	49	6	8	2	25	2
Caramel Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	30	90	41	0	37	5	6	2	15	2
Caramel Iced Coffee with Cream Small	16 fl oz	170	50	6	3.5	0	20	60	27	0	24	3	4	0	10	2
Caramel Mocha Iced Coffee Large	32 fl oz	230	5	0	0	0	0	45	54	1	48	4	0	0	6	0
Caramel Mocha Iced Coffee Medium	24 fl oz	180	5	0	0	0	0	35	41	1	36	3	0	0	4	0
Caramel Mocha Iced Coffee Small	16 fl oz	120	0	0	0	0	0	25	27	1	24	2	0	0	4	0
Caramel Mocha Iced Coffee with Cream Large	32 fl oz	350	110	12	7	0	40	70	56	1	48	5	8	0	10	0
Caramel Mocha Iced Coffee with Cream Medium	24 fl oz	260	80	9	6	0	30	50	42	1	36	4	6	0	8	0
Caramel Mocha Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	35	28	1	24	3	4	0	6	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
French Vanilla Swirl Iced Coffee Large	32 fl oz	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
French Vanilla Swirl Iced Coffee Medium	24 fl oz	170	0	0	0	0	5	55	40	0	36	3	2	0	6	0	
French Vanilla Swirl Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
French Vanilla Swirl Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
French Vanilla Swirl Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
French Vanilla Swirl Iced Coffee with Cream Small	16 fl oz	170	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Hazelnut Swirl Iced Coffee Large	32 fl oz	230	0	0	0	0	5	75	54	0	48	4	2	0	10	0	
Hazelnut Swirl Iced Coffee Medium	24 fl oz	170	0	0	0	0	5	55	41	0	36	3	2	0	6	0	
Hazelnut Swirl Iced Coffee Small	16 fl oz	120	0	0	0	0	0	40	27	0	24	2	0	0	4	0	
Hazelnut Swirl Iced Coffee with Cream Large	32 fl oz	350	100	12	7	0	45	100	56	0	48	5	10	0	15	0	
Hazelnut Swirl Iced Coffee with Cream Medium	24 fl oz	260	80	9	5	0	35	70	42	0	36	4	8	0	10	0	
Hazelnut Swirl Iced Coffee with Cream Small	16 fl oz	180	50	6	3.5	0	20	50	28	0	24	3	4	0	8	0	
Heath Bar Swirl Iced Coffee Large	32 fl oz	200	0	0	0	0	0	70	46	0	40	3	0	0	6	2	
Heath Bar Swirl Iced Coffee Medium	24 fl oz	150	0	0	0	0	0	50	34	0	30	2	0	0	4	2	
Heath Bar Swirl Iced Coffee Small	16 fl oz	100	0	0	0	0	0	35	23	0	20	2	0	0	4	2	
Heath Bar Swirl Iced Coffee with Cream Large	32 fl oz	320	110	12	7	0	40	90	48	0	42	5	8	2	10	2	
Heath Bar Swirl Iced Coffee with Cream Medium	24 fl oz	240	80	9	5	0	30	70	36	0	32	3	6	0	10	2	
Heath Bar Swirl Iced Coffee with Cream Small	16 fl oz	160	50	6	3.5	0	20	45	24	0	21	2	4	0	6	2	
Iced Coffee Large	32 fl oz	20	0	0	0	0	0	15	3	0	0	1	0	0	0	0	
Iced Coffee Medium	24 fl oz	15	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee Small	16 fl oz	10	0	0	0	0	0	10	2	0	0	1	0	0	0	0	
Iced Coffee with Almond Milk Large	32 fl oz	50	10	1	0	0	0	75	9	0	6	1	4	0	10	0	
Iced Coffee with Almond Milk Medium	24 fl oz	35	5	0.5	0	0	0	50	7	0	4	1	2	0	6	0	
Iced Coffee with Almond Milk Small	16 fl oz	20	5	0	0	0	0	30	4	0	2	1	2	0	4	0	
Iced Coffee with Cream Large	32 fl oz	130	100	11	7	0	40	40	5	0	0	3	8	0	6	0	
Iced Coffee with Cream Medium	24 fl oz	100	80	9	5	0	30	30	4	0	0	2	6	0	4	0	
Iced Coffee with Cream Small	16 fl oz	70	50	6	4	0	20	20	3	0	0	1	4	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Iced Coffee with Cream and Sugar Large	32 fl oz	270	100	11	7	0	40	40	40	0	35	3	8	0	6	0	
Iced Coffee with Cream and Sugar Medium	24 fl oz	200	80	9	5	0	30	30	30	0	26	2	6	0	4	0	
Iced Coffee with Cream and Sugar Small	16 fl oz	120	50	6	4	0	20	20	20	0	17	1	4	0	4	0	
Iced Coffee with Milk Large	32 fl oz	50	20	2	1	0	5	45	6	0	3	3	2	0	8	0	
Iced Coffee with Milk Medium	24 fl oz	40	15	1.5	1	0	5	30	5	0	2	2	2	0	6	0	
Iced Coffee with Milk Small	16 fl oz	30	10	1	1	0	5	20	3	0	1	2	0	0	4	0	
Iced Coffee with Milk and Sugar Large	32 fl oz	190	20	2	1	0	5	45	41	0	38	3	2	0	8	0	
Iced Coffee with Milk and Sugar Medium	24 fl oz	140	15	1.5	1	0	5	30	31	0	28	2	2	0	6	0	
Iced Coffee with Milk and Sugar Small	16 fl oz	90	10	1	1	0	5	20	21	0	19	2	0	0	4	0	
Iced Coffee with Skim Milk Large	32 fl oz	40	0	0	0	0	0	45	6	0	3	3	2	0	8	0	
Iced Coffee with Skim Milk Medium	24 fl oz	30	0	0	0	0	0	30	5	0	2	2	2	0	6	0	
Iced Coffee with Skim Milk Small	16 fl oz	20	0	0	0	0	0	25	3	0	2	2	0	0	4	0	
Iced Coffee with Skim Milk and Sucralose Sweetener Large	32 fl oz	50	0	0	0	0	0	45	10	0	7	3	2	0	8	0	
Iced Coffee with Skim Milk and Sucralose Sweetener Medium	24 fl oz	40	0	0	0	0	0	30	7	0	5	2	2	0	6	0	
Iced Coffee with Skim Milk and Sucralose Sweetener Small	16 fl oz	25	0	0	0	0	0	20	5	0	3	2	2	0	4	0	
Iced Coffee with Skim Milk and Sugar Large	32 fl oz	170	0	0	0	0	0	45	41	0	38	3	2	0	8	0	
Iced Coffee with Skim Milk and Sugar Medium	24 fl oz	130	0	0	0	0	0	30	31	0	28	2	2	0	6	0	
Iced Coffee with Skim Milk and Sugar Small	16 fl oz	80	0	0	0	0	0	25	21	0	19	2	0	0	4	0	
Iced Coffee with Sucralose Sweetener Large	32 fl oz	35	0	0	0	0	0	15	7	0	3	1	0	0	0	0	
Iced Coffee with Sucralose Sweetener Medium	24 fl oz	25	0	0	0	0	0	10	5	0	3	1	0	0	0	0	
Iced Coffee with Sucralose Sweetener Small	16 fl oz	20	0	0	0	0	0	10	4	0	2	1	0	0	0	0	
Iced Coffee with Sugar Large	32 fl oz	150	0	0	0	0	0	15	38	0	35	1	0	0	2	0	
Iced Coffee with Sugar Medium	24 fl oz	110	0	0	0	0	0	10	29	0	26	1	0	0	0	0	
Iced Coffee with Sugar Small	16 fl oz	70	0	0	0	0	0	5	19	0	17	1	0	0	0	0	
Iced Dunkin'® Dark® Roast Coffee with Cream and Sugar Large	32 fl oz	250	110	12	7	0	40	40	40	0	35	3	8	0	6	0	
Iced Dunkin'® Dark® Roast Coffee with Cream and Sugar Medium	24 fl oz	190	80	9	5	0	30	30	30	0	26	2	6	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Coffee																	
Iced Dunkin' Dark® Roast Coffee with Cream and Sugar Small	16 fl oz	130	50	6	3.5	0	20	20	20	0	17	1	4	0	4	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Sucralose Sweetener Large	32 fl oz	60	0	0	0	0	0	50	10	0	3	3	2	0	8	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Sucralose Sweetener Medium	24 fl oz	40	0	0	0	0	0	35	8	0	2	3	2	0	6	0	
Iced Dunkin' Dark® Roast Coffee with Skim Milk and Sucralose Sweetener Small	16 fl oz	30	0	0	0	0	0	25	5	0	1	2	2	0	4	0	
Mocha Iced Coffee with Cream Large	32 fl oz	350	110	12	8	0	40	70	56	2	46	5	8	0	6	0	
Mocha Iced Coffee with Cream Medium	24 fl oz	260	80	9	6	0	30	50	42	2	34	3	6	0	4	0	
Mocha Iced Coffee with Cream Small	16 fl oz	180	50	6	4	0	20	35	28	1	23	2	4	0	4	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Latte																	
Almond Joy Swirl Iced Latte with Skim Milk Large	32 fl oz	330	5	0.5	0	0	10	230	66	0	62	15	15	0	50	4	
Almond Joy Swirl Iced Latte with Skim Milk Medium	24 fl oz	250	5	0	0	0	10	170	50	0	47	11	10	0	40	2	
Almond Joy Swirl Iced Latte with Skim Milk Small	16 fl oz	170	5	0	0	0	5	115	34	0	32	7	8	0	25	2	
Almond Joy Swirl Iced Latte with Whole Milk Large	32 fl oz	420	110	12	7	0	40	240	65	0	61	14	15	0	50	4	
Almond Joy Swirl Iced Latte with Whole Milk Medium	24 fl oz	320	80	9	5	0	30	180	49	0	46	10	10	0	35	2	
Almond Joy Swirl Iced Latte with Whole Milk Small	16 fl oz	220	60	6	3.5	0	20	120	34	0	31	7	6	0	25	2	
Butter Pecan Swirl Iced Latte with Skim Milk Large	32 fl oz	360	5	0.5	0	0	10	440	72	0	70	16	15	2	60	2	
Butter Pecan Swirl Iced Latte with Skim Milk Medium	24 fl oz	270	5	0	0	0	5	330	55	0	53	12	10	2	45	2	
Butter Pecan Swirl Iced Latte with Skim Milk Small	16 fl oz	180	0	0	0	0	5	220	37	0	36	8	8	2	30	0	
Butter Pecan Swirl Iced Latte with Whole Milk Large	32 fl oz	460	110	12	7	0	40	450	72	0	69	15	10	2	60	2	
Butter Pecan Swirl Iced Latte with Whole Milk Medium	24 fl oz	340	80	9	5	0	30	330	54	0	53	11	10	2	40	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Latte																	
Butter Pecan Swirl Iced Latte with Whole Milk Small	16 fl oz	230	50	6	3.5	0	20	220	37	0	36	7	6	2	30	0	
Heath Bar Swirl Iced Latte with Skim Milk Large	32 fl oz	320	5	0.5	0	0	10	240	64	0	60	14	15	0	50	4	
Heath Bar Swirl Iced Latte with Skim Milk Medium	24 fl oz	240	5	0	0	0	5	180	49	0	46	11	10	0	40	2	
Heath Bar Swirl Iced Latte with Skim Milk Small	16 fl oz	170	5	0	0	0	5	120	33	0	31	7	8	0	25	2	
Heath Bar Swirl Iced Latte with Whole Milk Large	32 fl oz	420	110	12	7	0	40	240	64	0	60	14	10	0	50	4	
Heath Bar Swirl Iced Latte with Whole Milk Medium	24 fl oz	320	80	9	5	0	30	180	48	0	45	10	10	0	35	2	
Heath Bar Swirl Iced Latte with Whole Milk Small	16 fl oz	220	60	6	3.5	0	20	120	33	0	31	7	6	0	25	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Almond Joy Swirl Iced Macchiato with Skim Milk Large	32 fl oz	280	5	0.5	0	0	10	180	58	0	54	11	10	0	40	4	
Almond Joy Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	210	5	0	0	0	5	135	44	0	40	8	8	0	30	2	
Almond Joy Swirl Iced Macchiato with Skim Milk Small	16 fl oz	140	5	0	0	0	5	95	30	0	27	5	6	0	20	2	
Almond Joy Swirl Iced Macchiato with Whole Milk Large	32 fl oz	350	70	8	5	0	30	180	58	0	53	10	10	0	35	4	
Almond Joy Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	260	60	6	3.5	0	20	140	44	0	40	7	6	0	25	2	
Almond Joy Swirl Iced Macchiato with Whole Milk Small	16 fl oz	180	40	4	2.5	0	15	95	29	0	27	5	4	0	20	2	
Butter Pecan Swirl Iced Macchiato with Skim Milk Large	32 fl oz	310	5	0.5	0	0	5	390	65	0	60	12	10	2	45	2	
Butter Pecan Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	230	5	0	0	0	5	290	49	0	45	9	8	2	35	2	
Butter Pecan Swirl Iced Macchiato with Skim Milk Small	16 fl oz	160	5	0	0	0	5	200	33	0	30	6	6	2	20	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Large	32 fl oz	380	70	8	4.5	0	25	390	64	0	60	11	8	2	40	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	280	60	6	3.5	0	20	290	48	0	45	8	6	2	30	2	
Butter Pecan Swirl Iced Macchiato with Whole Milk Small	16 fl oz	190	40	4	2.5	0	15	200	33	0	30	6	4	2	20	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Caramel Swirl Iced Macchiato with Skim Milk Large	32 fl oz	310	5	0	0	0	10	160	66	0	65	11	10	0	40	2	
Caramel Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	240	5	0	0	0	5	125	49	0	49	8	8	0	30	2	
Caramel Swirl Iced Macchiato with Skim Milk Small	16 fl oz	160	0	0	0	0	5	85	33	0	33	6	6	0	20	0	
Caramel Swirl Iced Macchiato with Whole Milk Large	32 fl oz	380	70	8	4.5	0	30	170	65	0	64	10	10	0	40	2	
Caramel Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	290	60	6	3.5	0	20	125	49	0	49	8	8	0	30	2	
Caramel Swirl Iced Macchiato with Whole Milk Small	16 fl oz	190	35	4	2.5	0	15	85	33	0	33	5	4	0	20	0	
French Vanilla Swirl Iced Macchiato with Skim Milk Large	32 fl oz	310	5	0	0	0	10	190	66	0	61	11	10	0	40	2	
French Vanilla Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	240	5	0	0	0	5	140	49	0	46	8	8	0	30	2	
French Vanilla Swirl Iced Macchiato with Skim Milk Small	16 fl oz	160	0	0	0	0	5	100	33	0	30	6	6	0	20	0	
French Vanilla Swirl Iced Macchiato with Whole Milk Large	32 fl oz	380	70	8	4.5	0	30	190	65	0	60	10	10	0	35	2	
French Vanilla Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	280	60	6	3.5	0	20	150	49	0	45	8	8	0	30	2	
French Vanilla Swirl Iced Macchiato with Whole Milk Small	16 fl oz	190	35	4	2.5	0	15	100	33	0	30	5	4	0	20	0	
Hazelnut Swirl Iced Macchiato with Skim Milk Large	32 fl oz	310	5	0	0	0	10	190	66	0	61	11	10	0	40	2	
Hazelnut Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	240	5	0	0	0	5	140	50	0	46	8	8	0	30	2	
Hazelnut Swirl Iced Macchiato with Skim Milk Small	16 fl oz	160	0	0	0	0	5	100	33	0	30	6	6	0	20	0	
Hazelnut Swirl Iced Macchiato with Whole Milk Large	32 fl oz	380	70	8	4.5	0	30	190	65	0	60	10	10	0	35	2	
Hazelnut Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	290	60	6	3.5	0	20	150	49	0	45	8	8	0	30	2	
Hazelnut Swirl Iced Macchiato with Whole Milk Small	16 fl oz	190	35	4	2.5	0	15	100	33	0	30	5	4	0	20	0	
Heath Bar Swirl Iced Macchiato with Skim Milk Small	16 fl oz	140	5	0	0	0	5	95	29	0	26	5	6	0	20	2	
Heath Bar Swirl Iced Macchiato with Skim Milk Small	24 fl oz	210	5	0	0	0	5	140	43	0	39	8	8	0	25	2	
Heath Bar Swirl Iced Macchiato with Skim Milk Small	32 fl oz	280	5	0.5	0	0	5	180	57	0	52	10	10	0	35	4	
Heath Bar Swirl Iced Macchiato with Whole Milk Small	16 fl oz	170	40	4	2.5	0	15	95	29	0	26	5	4	0	15	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Macchiato																	
Heath Bar Swirl Iced Macchiato with Whole Milk Small	24 fl oz	260	60	6	3.5	0	20	140	42	0	39	7	6	0	25	2	
Heath Bar Swirl Iced Macchiato with Whole Milk Small	32 fl oz	340	70	8	5	0	25	190	56	0	52	10	8	0	35	4	
Iced Macchiato with Skim Milk Large	32 fl oz	100	5	0	0	0	5	135	14	0	14	8	10	0	30	2	
Iced Macchiato with Skim Milk Medium	24 fl oz	70	5	0	0	0	5	100	11	0	11	6	8	0	25	2	
Iced Macchiato with Skim Milk Small	16 fl oz	50	0	0	0	0	0	70	8	0	8	4	4	0	15	0	
Iced Macchiato with Whole Milk Large	32 fl oz	160	70	8	4.5	0	25	135	14	0	14	8	8	0	30	2	
Iced Macchiato with Whole Milk Medium	24 fl oz	120	60	6	3.5	0	20	100	11	0	11	6	6	0	20	2	
Iced Macchiato with Whole Milk Small	16 fl oz	80	35	4	2.5	0	10	70	7	0	7	4	4	0	15	0	
Mocha Swirl Iced Macchiato with Skim Milk Large	32 fl oz	310	10	1	0.5	0	5	160	65	2	58	10	10	0	30	2	
Mocha Swirl Iced Macchiato with Skim Milk Medium	24 fl oz	240	10	1	0.5	0	5	120	49	2	43	8	8	0	25	2	
Mocha Swirl Iced Macchiato with Skim Milk Small	16 fl oz	160	5	0.5	0	0	0	85	33	1	29	5	4	0	15	0	
Mocha Swirl Iced Macchiato with Whole Milk Large	32 fl oz	380	80	9	5	0	25	160	65	2	58	10	8	0	30	2	
Mocha Swirl Iced Macchiato with Whole Milk Medium	24 fl oz	280	60	7	4	0	20	125	49	2	43	7	6	0	20	2	
Mocha Swirl Iced Macchiato with Whole Milk Small	16 fl oz	190	40	4.5	2.5	0	10	85	33	1	29	5	4	0	15	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Tea and Lemonade																	
Iced Green Tea Sweetened Large	32 fl oz	150	0	0	0	0	0	10	37	0	34	0	0	0	0	0	
Iced Green Tea Sweetened Medium	24 fl oz	110	0	0	0	0	0	5	27	0	26	0	0	0	0	0	
Iced Green Tea Sweetened Small	16 fl oz	70	0	0	0	0	0	0	18	0	17	0	0	0	0	0	
Iced Green Tea Unsweetened Large	32 fl oz	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0	
Iced Green Tea Unsweetened Medium	24 fl oz	5	0	0	0	0	0	5	2	0	0	0	0	0	0	0	
Iced Green Tea Unsweetened Small	16 fl oz	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
Iced Tea Lemonade Large	32 fl oz	80	0	0	0	0	0	35	19	0	17	0	0	2	2	0	
Iced Tea Lemonade Medium	24 fl oz	60	0	0	0	0	0	25	14	0	13	0	0	2	2	0	
Iced Tea Lemonade Small	16 fl oz	40	0	0	0	0	0	20	9	0	8	0	0	2	0	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Iced Tea and Lemonade																
Iced Tea Sweetened Blueberry Flavored Large	32 fl oz	160	0	0	0	0	0	10	37	0	34	0	0	0	0	0
Iced Tea Sweetened Blueberry Flavored Medium	24 fl oz	120	0	0	0	0	0	5	28	0	25	0	0	0	0	0
Iced Tea Sweetened Blueberry Flavored Small	16 fl oz	80	0	0	0	0	0	0	19	0	17	0	0	0	0	0
Iced Tea Sweetened Large	32 fl oz	150	0	0	0	0	0	10	36	0	34	0	0	0	0	0
Iced Tea Sweetened Medium	24 fl oz	120	0	0	0	0	0	5	30	0	28	0	0	0	0	0
Iced Tea Sweetened Peach Flavored Large	32 fl oz	160	0	0	0	0	0	10	40	0	34	0	0	0	0	0
Iced Tea Sweetened Peach Flavored Medium	24 fl oz	120	0	0	0	0	0	5	30	0	25	0	0	0	0	0
Iced Tea Sweetened Peach Flavored Small	16 fl oz	80	0	0	0	0	0	0	20	0	17	0	0	0	0	0
Iced Tea Sweetened Raspberry Flavored Large	32 fl oz	160	0	0	0	0	0	10	40	0	34	0	0	0	0	0
Iced Tea Sweetened Raspberry Flavored Medium	24 fl oz	120	0	0	0	0	0	5	29	0	25	0	0	0	0	0
Iced Tea Sweetened Raspberry Flavored Small	16 fl oz	80	0	0	0	0	0	0	20	0	17	0	0	0	0	0
Iced Tea Sweetened Small	16 fl oz	70	0	0	0	0	0	0	18	0	17	0	0	0	0	0
Iced Tea UnSweetened Blueberry Flavored Large	32 fl oz	25	0	0	0	0	0	10	3	0	0	0	0	0	0	0
Iced Tea UnSweetened Blueberry Flavored Medium	24 fl oz	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Iced Tea UnSweetened Blueberry Flavored Small	16 fl oz	10	0	0	0	0	0	0	2	0	0	0	0	0	0	0
Iced Tea UnSweetened Peach Flavored Large	32 fl oz	25	0	0	0	0	0	10	6	0	0	0	0	0	0	0
Iced Tea UnSweetened Peach Flavored Medium	24 fl oz	20	0	0	0	0	0	5	5	0	0	0	0	0	0	0
Iced Tea UnSweetened Peach Flavored Small	16 fl oz	15	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Iced Tea UnSweetened Raspberry Flavored Large	32 fl oz	25	0	0	0	0	0	10	6	0	0	0	0	0	0	0
Iced Tea UnSweetened Raspberry Flavored Medium	24 fl oz	20	0	0	0	0	0	5	4	0	0	0	0	0	0	0
Iced Tea UnSweetened Raspberry Flavored Small	16 fl oz	10	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Iced Tea Unsweetened Large	32 fl oz	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Iced Tea Unsweetened Medium	24 fl oz	5	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Iced Tea Unsweetened Small	16 fl oz	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Lemonade Large	32 fl oz	280	0	0	0	0	0	100	69	0	68	0	0	8	2	0
Lemonade Medium	24 fl oz	210	0	0	0	0	0	75	51	0	51	0	0	6	2	0
Lemonade Small	16 fl oz	140	0	0	0	0	0	50	34	0	34	0	0	4	2	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Iced Tea and Lemonade																	
Sweet Tea - Large	32 fl oz	310	0	0	0	0	0	10	80	0	78	0	0	0	2	0	
Sweet Tea - Medium	24 fl oz	230	0	0	0	0	0	5	60	0	58	0	0	0	0	0	
Sweet Tea - Small	16 fl oz	160	0	0	0	0	0	5	40	0	39	0	0	0	0	0	
Sweet Tea Blueberry Flavored Large	32 fl oz	340	0	0	0	0	0	10	84	0	81	0	0	0	2	0	
Sweet Tea Blueberry Flavored Medium	24 fl oz	250	0	0	0	0	0	5	63	0	60	0	0	0	0	0	
Sweet Tea Blueberry Flavored Small	16 fl oz	170	0	0	0	0	0	5	42	0	40	0	0	0	0	0	
Sweet Tea Lemonade Large	32 fl oz	370	0	0	0	0	0	55	94	0	92	0	0	4	2	0	
Sweet Tea Lemonade Medium	24 fl oz	280	0	0	0	0	0	40	71	0	69	0	0	2	2	0	
Sweet Tea Lemonade Small	16 fl oz	190	0	0	0	0	0	25	47	0	46	0	0	2	0	0	
Sweet Tea Peach Flavored Large	32 fl oz	340	0	0	0	0	0	10	87	0	81	0	0	0	0	0	
Sweet Tea Peach Flavored Medium	24 fl oz	260	0	0	0	0	0	5	66	0	60	0	0	0	0	0	
Sweet Tea Peach Flavored Small	16 fl oz	170	0	0	0	0	0	5	44	0	40	0	0	0	0	0	
Sweet Tea Raspberry Flavored Large	32 fl oz	340	0	0	0	0	0	10	87	0	81	0	0	0	2	0	
Sweet Tea Raspberry Flavored Medium	24 fl oz	250	0	0	0	0	0	5	65	0	60	0	0	0	0	0	
Sweet Tea Raspberry Flavored Small	16 fl oz	170	0	0	0	0	0	5	43	0	40	0	0	0	0	0	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
K-Cup® Pod																	
Dark Roast K-Cup® Pod	1 K-Cup Pack																
Dunkin' Decaf K-Cup® Pod	1 K-Cup Pack																
French Vanilla K-Cup® Pod	1 K-Cup Pack																
Hazelnut K-Cup® Pod	1 K-Cup Pack																
Original Blend K-Cup® Pod	1 K-Cup Pack																

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Muffins																	
Banana Chocolate Chip Muffin	1 Muffin	510	160	18	5	0	60	450	79	2	46	7	30	2	2	15	
Blueberry Muffin	1 Muffin	460	130	15	3	0	60	390	76	2	43	6	2	0	2	15	
Chocolate Chip Muffin	1 Muffin	550	190	21	6	0	60	400	83	2	50	7	4	0	4	20	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Muffins																	
Coffee Cake Muffin	1 Muffin	590	220	24	8	0	65	410	87	2	51	7	4	0	4	15	
Corn Muffin	1 Muffin	460	140	16	3	0	65	680	72	1	30	7	2	0	2	10	
Honey Bran Raisin Muffin	1 Muffin	440	120	13	2.5	0	50	350	74	4	39	7	2	0	6	15	
Reduced Fat Blueberry Muffin - 25% Less Fat than our regular Blueberry Muffin	1 Muffin	410	90	10	2	0	55	540	75	2	39	7	2	0	2	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Munchkins																	
Boston Kreme Munchkin	1 Munchkin	70	40	4.5	2	0	0	85	7	0	2	1	0	0	0	2	
Butternut Munchkin	1 Munchkin	90	35	3.5	2	0	5	50	12	0	8	1	0	0	0	2	
Chocolate Butternut Munchkin	1 Munchkin	90	35	4	2	0	0	95	12	0	7	1	0	0	0	2	
Cinnamon Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	65	6	0	3	1	0	0	0	2	
Coconut Munchkin	1 Munchkin	80	40	4.5	2.5	0	5	50	10	0	5	1	0	0	0	2	
Glazed Blueberry Munchkin	1 Munchkin	70	30	3.5	1.5	0	5	50	9	0	5	1	0	0	0	2	
Glazed Chocolate Munchkin	1 Munchkin	70	30	3.5	1.5	0	0	95	8	0	4	1	0	0	0	2	
Glazed Munchkin	1 Munchkin	70	35	4	2	0	0	80	7	0	3	1	0	0	0	2	
Glazed Old Fashioned Munchkin	1 Munchkin	70	30	3.5	1.5	0	5	50	9	0	4	1	0	0	0	2	
Jelly Munchkin	1 Munchkin	70	35	4	2	0	0	80	8	0	4	1	0	0	0	2	
Old Fashioned Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	50	6	0	2	1	0	0	0	2	
Powdered Munchkin	1 Munchkin	60	30	3.5	1.5	0	5	50	7	0	3	1	0	0	0	2	
Sugared Raised Munchkin	1 Munchkin	60	35	4	2	0	0	80	5	0	1	1	0	0	0	2	
Toasted Coconut Munchkin	1 Munchkin	90	45	5	3	0	5	50	10	1	6	1	0	0	0	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Bakery																	
Apple Fritter	1 Fritter	420	170	19	8	0	0	380	58	2	24	6	0	0	2	15	
Biscuit	1 Biscuit	320	150	17	10	0	0	740	35	1	3	6	0	0	4	15	
Blueberry Coffee Cake	1/8 Cake	190	60	6	1.5	0	20	170	31	1	17	3	0	0	2	4	
Brownie	1 Brownie	440	210	23	5	0	55	250	58	1	49	3	2	0	2	10	
Chocolate Chip Coffee Cake	1/8 Cake	230	80	9	2.5	0	25	180	34	1	20	3	2	0	2	8	
English Muffin	1 Muffin	140	5	0.5	0	0	0	110	30	6	1	4	0	0	2	10	
Flatbread	1 Flatbread	160	25	3	0.5	0	0	270	29	3	2	5	0	0	4	6	
French Roll	1 Roll	260	10	1.5	0	0	0	550	52	2	2	9	0	0	4	25	
Original Coffee Cake	1/8 Cake	230	80	9	3	0	25	180	33	1	20	3	2	0	2	6	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Bakery																	
Plain Croissant	1 Croissant	340	160	18	8	0	0	350	37	1	5	6	0	10	2	15	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Frozen Beverages																	
Frozen Dunkaccino Large	32 fl oz	810	150	17	12	0	25	320	155	3	142	10	6	0	25	2	
Frozen Dunkaccino Medium	24 fl oz	610	110	13	9	0	20	240	117	2	107	7	6	0	20	2	
Frozen Dunkaccino Small	16 fl oz	400	80	8	6	0	15	160	78	1	71	5	4	0	15	2	
Frozen Vanilla Chai Large	32 fl oz	800	120	14	9	0	25	250	161	0	150	9	6	0	30	2	
Frozen Vanilla Chai Medium	24 fl oz	600	90	10	7	0	20	190	121	0	113	7	4	0	25	2	
Frozen Vanilla Chai Small	16 fl oz	400	60	7	4.5	0	10	125	80	0	75	4	4	0	15	2	
Hot Chocolate-Frozen Large	32 fl oz	790	120	13	10	0	20	340	160	4	146	9	6	0	25	4	
Hot Chocolate-Frozen Medium	24 fl oz	590	90	10	7	0	15	250	120	3	110	7	4	0	20	2	
Hot Chocolate-Frozen Small	16 fl oz	400	60	7	5	0	10	170	80	2	73	5	2	0	10	2	
Mint Hot Chocolate-Frozen Large	32 fl oz	790	120	13	10	0	20	330	160	4	147	9	6	0	25	4	
Mint Hot Chocolate-Frozen Medium	24 fl oz	590	90	10	7	0	15	240	120	3	110	7	4	0	20	2	
Mint Hot Chocolate-Frozen Small	16 fl oz	400	60	7	5	0	10	160	80	2	73	5	2	0	15	2	
S'mores Hot Chocolate-Frozen Large	32 fl oz	790	120	13	10	0	20	330	160	4	146	9	6	0	25	4	
S'mores Hot Chocolate-Frozen Medium	24 fl oz	590	90	10	7	0	15	250	120	3	109	7	4	0	20	2	
S'mores Hot Chocolate-Frozen Small	16 fl oz	400	60	7	5	0	10	160	80	2	73	5	2	0	10	2	
Salted Caramel Hot Chocolate-Frozen Large	32 fl oz	800	120	14	10	0	20	440	159	3	146	9	6	0	25	2	
Salted Caramel Hot Chocolate-Frozen Medium	24 fl oz	600	90	10	8	0	15	330	119	2	109	7	4	0	20	2	
Salted Caramel Hot Chocolate-Frozen Small	16 fl oz	400	60	7	5	0	10	220	79	2	73	5	2	0	15	2	

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Other Hot Beverages																	
Dunkaccino® Large	20 fl oz	490	190	22	16	0	15	470	73	1	52	4	0	0	10	4	
Dunkaccino® Medium	14 fl oz	350	140	15	11	0	10	330	52	1	37	3	0	0	6	4	
Dunkaccino® Small	10 fl oz	240	90	10	8	0	5	230	36	0	25	2	0	0	4	2	
Dunkaccino® XLarge	24 fl oz	530	210	23	17	0	15	510	79	1	56	4	0	0	10	6	

Smoothie	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Strawberry Banana Smoothie Large	32 fl oz	570	40	4.5	2.5	0	20	160	125	5	109	9	4	140	30	8
Strawberry Banana Smoothie Medium	24 fl oz	430	30	3.5	2	0	15	120	94	4	82	7	4	110	25	6
Strawberry Banana Smoothie Small	16 fl oz	290	20	2	1.5	0	10	80	62	2	54	5	2	70	15	4
Tropical Mango Smoothie Large	32 fl oz	590	40	4.5	2.5	0	20	160	131	3	119	9	50	480	30	4
Tropical Mango Smoothie Medium	24 fl oz	440	30	3	2	0	15	115	98	2	89	7	35	360	25	2
Tropical Mango Smoothie Small	16 fl oz	290	20	2	1	0	10	80	65	1	59	5	25	240	15	2
Wildberry Smoothie Large	32 fl oz	560	35	4	2.5	0	20	160	124	4	110	9	4	360	30	15
Wildberry Smoothie Medium	24 fl oz	420	25	3	2	0	15	120	93	3	83	7	4	270	25	10
Wildberry Smoothie Small	16 fl oz	280	20	2	1	0	10	80	62	2	55	5	2	180	15	8

Specialty Beverages	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Vanilla Chai	14 fl oz	330	70	8	6	0	10	150	54	0	46	10	10	0	35	2

Wake-Up Wraps	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Bacon, Egg & Cheese Wake-Up Wrap	1 Wrap	180	80	9	4	0	40	520	14	1	1	9	4	0	10	4
Egg & Cheese Wake-Up Wrap	1 Wrap	150	70	8	3.5	0	40	420	13	1	1	7	4	0	10	2
Egg White Veggie Wake-Up Wrap	1 Wrap	190	100	11	5	0	25	380	14	1	1	11	8	6	20	2
Ham, Egg & Cheese Wake-Up Wrap	1 Wrap	170	70	8	3.5	0	45	560	14	1	1	10	4	0	10	4
Sausage, Egg & Cheese Wake-Up Wrap	1 Wrap	260	150	17	7	0	60	660	14	1	1	12	4	0	10	6
Sweet Black Pepper Bacon Wake-Up Wrap	1 Wrap	210	100	11	4.5	0	75	590	16	1	2	12	4	0	10	4
Turkey Sausage Wake-Up Wrap	1 Wrap	250	130	15	6	0	70	570	13	1	0	15	6	0	15	6

Allergy sufferers should always read the product ingredient statement and allergen information available at www.DunkinDonuts.com Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

Dunkin' Donuts has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.DunkinDonuts.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.DunkinDonuts.com or call our customer care line at 800-859-5339.